



Hertfordshire Partnership
University NHS Foundation Trust



HPFT is a smoke free Trust

What we mean by smoke free



Smoke free means no smoking.



HPFT is a smoke free Trust.



This means that all these places are smoke free:

- HPFT buildings
- HPFT cars and buses
- HPFT grounds.



No one can smoke anywhere in HPFT. This means:

- you
- us
- visitors.

Why is HPFT smoke free?



Smoking has bad effects which cause poor health.



We want to help people to be healthy.

How will a smoke free Trust help you?

A smoke free Trust will help you:



save money

and



be healthier.

How will we make sure HPFT stays smoke free?



Our staff are trained to help you stop smoking.



We will not have any special smoking areas in HPFT.



We have access to the stop smoking service in Hertfordshire, North Essex and Norfolk. You can use this service to help you give up smoking.

Is smoking a human right?



No.
The British High Court say smoking is not a basic human right.

What happens if I smoke in HPFT?



There is no smoking in HPFT.

Managers and staff will ask anyone to stop smoking in HPFT.

What can I do if I need to smoke?



We are here to help you.

Talk to the Nursing staff on the Unit who will be able to support you to stop smoking.

They will give you nicotine replacement to help you with your cravings.

If you require this information in a different language or format please contact the Trust on 01707 253903 or speak with the service providing you with support.

Hertfordshire Partnership University NHS Foundation Trust works toward eliminating all forms of discrimination and promoting equality of opportunity for all.

We are a smoke free Trust therefore smoking is not permitted anywhere on our premises.

www.hpft.nhs.uk

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