



Information Right & Compliance Team
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Our Ref: FOI 2474

Thank you for your request concerning waiting times for therapy and out of area beds.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

1 What is your average waiting time for individual therapy of the following types for the following years: 2015, 2016 and 2017?

- Cognitive behavioural therapy
- Dialectical behavioural therapy
- Family therapy
- Dynamic psychotherapy

It is not possible to break this information down into modality¹.

Number of IAPT Referrals

Financial Year	IAPT Referrals
2014/2015	34308
2015/2016	46333
2016/2017	39236

It is estimated that it would take approximately 5 minutes to manually review each referrals i.e. for 2014/15 alone that would amount to 2,859 hours @ £25ph = £71,475 and under section 12 of the FOIA a public authority only has to comply with a request for information when the cost of compliance does not exceed the appropriate limit or when the cost of compliance is met by the applicant.

As a Trust we provide HSCIC / NHS Digital our monthly activity data which they then use to calculate our waiting times and publish. This statistical release makes available the most recent IAPT monthly and quarterly data, including activity, waiting times, and outcomes such as recovery. Therefore, the information you are requesting for our Wellbeing/IAPT Services is already in the public domain².

Please follow this [link](#).

¹ Section 12 of the Freedom of Information Act allows public authorities to refuse to answer requests for information if the cost of complying would exceed the 'appropriate limit' prescribed in the Fees Regulations.

² Section 21: Information is available through other means has been applied.

The referral tables are by Clinical Commissioning Groups (CCG), the codes for which are:

06T North East Essex CCG
07H West Essex CCG
06Q Mid Essex CCG
06K East and North Hertfordshire CCG
06N Hertfordshire Valley CCG

We were not the provider for West Essex until 1 July 2015.

2 How many people are currently on your waiting lists for any form of psychological therapy?

Please see the answer to question 1.

3 How many people are currently on your waiting lists for any form of psychological therapy for a year or more, more than six months but less than a year, less than six months?

Please see the answer to question 1.

4 What has been the cost of sending patients to beds outside of the trust for:

The information you are requesting regarding the annual spend of our of area mental health beds is already in the public domain². Please follow the links provided below.

Year	Response
2014-15	£321k – Please see attached FOI 2126. This is a response to a previous request answering your question.
2015-16	£2,113m – Please follow this link for the response and this link for the breakdown.
2016-17 (up until end of January)	£1.816m – Please follow this link for the response.

5 What is the number of adults sent to beds outside of the trust for:

Please see the response to question 4 and the relevant links.

6 What is the number of children sent to beds outside of the trust 2014/15, 2015/16 and 2016-17 (up until end of January)?

We do not hold this information³. Since 2013/14 CAMHS have been commission by NHSE.

7 Please provide a list of the hospitals to which adults have been sent from your trust this year?

This information is already in the public domain². Please follow this [link](#).

³ Section 1(1) Any person making a request for information to a public authority is entitled
(a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and
(b) if that is the case, to have that information communicated to him.

8 Please provide a list of the hospitals to which children have been sent from your trust this year?

Please see the answer to question 6.

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

Sue Smith

**Sue Smith
FOI/DPA Officer**

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

