NHS
University NHS Foundation Trust

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## Re: Citalopram (Cipramil ${ }^{\left({ }^{( }\right)}$) Oral Drops $40 \mathrm{mg} / \mathrm{ml}$

There has been some confusion regarding the prescribing, the dispensing and the administration of citalopram drops. In an effort to minimise this, please be familiar with the following advice.

Doses of the oral drops cannot accurately be prescribed by volume of the liquid. The Summary of Product Characteristics (SPC) for Cipramil ${ }^{\circledR}$ Oral Drops $40 \mathrm{mg} / \mathrm{ml}$ states that this is because 44.48 mg citalopram hydrochloride (drops) $\equiv 40 \mathrm{mg}$ citalopram base but
49.96 mg citalopram hydrobromide (tablets) $\equiv 40 \mathrm{mg}$ citalopram base

Therefore, citalopram (Cipramil ${ }^{\circledR}$ ) oral drops have approximately $25 \%$ increased bioavailability compared to the tablet formulation.

Please be clear as to which formulation is prescribed and whether a change of formulation has occurred since the original choice of prescription, and hence dose, was written - the actual dose may need amending (see table below) to maintain citalopram plasma levels.

| Dose of <br> citalopram in <br> tablet form | Equivalent dose <br> of citalopram in <br> drop form | Number of drops <br> required to deliver <br> the required dose |
| :--- | :--- | :--- |
| 10 mg | 8 mg | (4 drops) |
| 20 mg | 16 mg | (8 drops) |
| 30 mg | 24 mg | (12 drops) |
| 40 mg | 32 mg | (16 drops) |

