



26 June 2017

Information Rights & Compliance Team
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Our Ref: FOI 2579

Thank you for your request concerning referrals and waiting times for our Eating Disorder services.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

- 1. **Does your trust use Body Mass Index as a) a primary indicator, or b) one of its measures to determine which patients should be referred for specialist or outpatient treatments for eating disorders?**

We provide a separate service for adults and children with eating disorders. For more information regarding our Community Eating Disorder Service (CEDS) for adults please follow this [link](#). Children and adolescents come under [CAMHS](#).

	Criteria
CEDS (18 and above)	We use BMI as one of the measures to determine whether someone can be seen by the specialist community service. We take people with moderate to severe eating disorders so some people with a BMI over 18 may be referred to our IAPT service but this would depend on other factors too. We do not have minimum or maximum BMI acceptance criteria. We use both BMI and severity of eating disorder symptomatology including blood test abnormalities to determine when we should refer our community service users for inpatient admission.
CAMHS (Under 18)	We do not use young people's BMI due to it not being accurate.

- 2. **If BMI is used, what BMI threshold would determine whether a patient is referred for outpatient or other specialist treatment? (eg a BMI of 17)**

Please see the answer to question 1

- 3. **If a BMI threshold is used, has this threshold changed in any of the past five years and if so from what figure to what?**

No. Our IAPT services have developed so we are able to refer some milder presentations to that service but we have not changed our threshold in relation to BMI.

4. **How many referrals for eating disorder treatment were made in a) 2016 b) 2015 c) 2014?**

The information you are requesting for 2014 and 2015 and partial information for 2016 is already in the public domain¹. Please follow this [link](#). The complete figure for 2016 is below.

	CEDS	CAMHS Eating Disorders
2016	545	133

5. **Once a referral was made, what was the average waiting time from GP referral to first appointment for patients with an eating disorder for: a) 2016 b) 2015 c) 2014?**

	Average Waiting Time between Referral and Appointment
CEDS (18 and above)	21 days, although urgent referrals for adults are seen with 4 days
CAMHS (Under 18)	2-5 days for high risk

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

Sue Smith

Sue Smith
FOI/DPA Officer

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).



¹ Section 21 – Information is available through other means has been applied