



31 August 2017

Information Rights & Compliance Team
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Our Ref: FOI 2667

Thank you for your request concerning funding for psychosocial therapies.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

Please provide answers to the questions below, for the previous five financial years (2012-13, 2013-14, 2014-15, 2015-16 and 2016-17) and your agreed budget for financial year 2017-18.

The following questions all relate to services for adults (aged 18-65) - this excludes CAMHS (Child & Adolescent Mental Health Services), CYP IAPT (Children & Young People's Improving Access to Psychological Therapies) and Early Intervention Services (EIS).

- 1. What was the total amount of money spent (£) on all psychological therapies (any type, across primary, secondary care and tertiary care) provided by your trust?**

| Annual Budget | | | | | |
|---------------|-----------|------------|------------|------------|------------|
| 2012/13 | 2013/14 | 2014/15 | 2015/16 | 2016/17 | 2017/18 |
| 5,948,023 | 6,765,233 | 11,469,841 | 12,867,541 | 13,335,478 | 15,237,152 |

- 2. What was the total amount of money spent (£) on IAPT (Improving Access to Psychological Therapies) services provided by your trust?**

| Annual Budget | | | | | |
|---------------|-----------|------------|------------|------------|------------|
| 2012/13 | 2013/14 | 2014/15 | 2015/16 | 2016/17 | 2017/18 |
| 4,694,868 | 5,568,790 | 10,562,482 | 12,023,884 | 12,410,929 | 14,238,700 |

- 3. How much of this total amount of money spent on IAPT was made up of central-government funding earmarked for IAPT? Please answer as an amount of money (£).**

We are unable to split central government funding for IAPT from locally commissioned funds. Over the years most central funding has been effectively replaced by local commissioning arrangements.

- 4. Do your commissioners fund primary care psychological therapies other than IAPT, provided by your trust? If so, what was spent (£) on these? Please specify.**

No the commissioners do not fund primary care psychological therapies other than IAPT.

5. What was the total amount of money spent (£) on all secondary care (non-IAPT) psychological therapies provided by your trust?

| Annual Budget | | | | | |
|---------------|--------------|--------------|--------------|--------------|--------------|
| 2012/13 £ | 2013/14 £ | 2014/15 £ | 2015/16 £ | 2016/17 £ | 2017/18 £ |
| 1,253,155 | 1,196,433 | 907,359 | 843,657 | 924,549 | 998,452 |

6. Please provide a breakdown of the type of secondary care (non-IAPT) psychological therapy (e.g. cognitive behavioural therapy, dialectical behavioural therapy, family therapy, dynamic psychotherapy etc) and the amount of money spent (£) on each type of therapy provided by your trust.

We are unable to split psychotherapy budgets in this way e.g. there is no “dialectical behavioural therapy budget”, or “family therapy budget”; Psychotherapists perform these services as needed.

7. Do your commissioners fund any other more specialised (e.g. tertiary care) psychological therapies provided by your trust? If so, what was spent (£) on these? Please specify.

Yes, we place some patients in tertiary services but we are not charged separately for this service.

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust’s complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

Sue Smith

Sue Smith
Information Rights Officer

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

