



Hertfordshire  
Partnership University  
NHS Foundation Trust

# International Fellowship in Psychiatry



## Prospectus

Our  values  
Welcoming Kind Positive Respectful Professional



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## Foreword

Welcome to Hertfordshire Partnership University NHS Foundation Trust (HPFT), a Trust with a patient-centred ethos and a strong commitment to the delivery of high quality education and training across all professions.

HPFT International fellowship in Psychiatry offers a unique opportunity to develop and share the skills of our International Medical Graduates and a personalised training programme under the supervision of experienced trainers within East of England. The International Fellowship posts offer International Medical Graduates exciting opportunities to gain experience and develop specialist interests in a range of psychiatric specialities.

Our trainers are passionate about ensuring trainee doctors receive a quality education and in addition, an enjoyable training experience. Education and training is a valued part of our organisational culture. We strive to ensure that education and training takes place where patients are safe, the care and experience of patients is good, and education and training is valued.

We look forward to welcoming interested fellows to join our Trust and become part of our team.



A handwritten signature in black ink that reads "Ashaye".

Dr Kunle Ashaye  
Head of Psychiatric Training



A handwritten signature in black ink that reads "Magon".

Dr Rakesh Magon  
International Fellowship Programme Lead



HPFT Tutors

## Introduction

Hertfordshire Partnership University NHS Foundation Trust (HPFT) International Fellowship in Psychiatry is designed to enable a small number of International Medical trainees to enter the UK to experience training with HPFT for up to two years before returning to their home country. Under the scheme, training capacity not required for planned UK/EEA training numbers is made available for overseas doctors who meet the required eligibility criteria.

The paid posts will be approved by HPFT who will act as sponsor for the purpose of registration with General Medical Council (GMC). HPFT will act as the UK Sponsor to enable participants to apply for a visa with the UK Borders Agency.

HPFT International Medical Fellowship is for psychiatrists who have qualified in their own country and who wish to further their expertise in psychiatry by acquiring additional skills in their own specialty or in a subspecialty. It is not for new trainee psychiatrists. International Medical Fellows will have at least 3 years'

experience in psychiatry. Fellows will work as a Core Trainee 3 and above, the UK equivalent position.



## Welcome and information about Hertfordshire Partnership University NHS Foundation Trust (HPFT)

HPFT is committed to providing excellent health and social care for people with mental ill health, physical ill health and those with learning disabilities. We do this by providing services which make a positive difference to the lives of patients, service users and their carers, underpinned by the principles of choice, independence and equality. We provide integrated health and social care across community and inpatient settings treating and caring for people across Hertfordshire, Buckinghamshire, Norfolk and North Essex. Kingfisher Court is a brand new state-of-the-art mental health and learning disabilities inpatient unit at the Kingsley Green site near Radlett, Hertfordshire.

We are a University Trust, with close links to the University of Hertfordshire providing excellent learning and development opportunities for staff, as well as strengthening clinical research.

Our partnership arrangements with the local authority provide an excellent opportunity to develop a recovery orientated approach based on a holistic assessment of both health and social care needs. We also aim to play a full part in the local health and social care economies that we serve by promoting greater integration between mental and physical health and social care.

**For further information please see our website: [www.hpft.nhs.uk](http://www.hpft.nhs.uk)**

# Our vision for what we want to achieve

*“Deliver Great Care, Achieving Great Outcomes – Together”*

## Our purpose and mission

*“To help people of all ages live their lives to their fullest potential by supporting them to keep mentally and physically well”*

## Our Values

At HPFT we have worked closely with our staff, services users, carers and local people, to develop a values and behaviours framework to ensure that everyone who comes into contact with our services has a positive experience.

# Our values

	<b>we are...</b>	<i>you feel...</i>
<b>Our Values</b>	<b>Welcoming</b>	✔ Valued as an individual
	<b>Kind</b>	✔ Cared for
	<b>Positive</b>	✔ Supported and included
	<b>Respectful</b>	✔ Listened to and heard
	<b>Professional</b>	✔ Safe and confident

We expect all our staff to adopt these values and demonstrate them in their attitude and behaviour towards our service users, carers and other staff. The values form a key part of our recruitment, staff induction and appraisal processes.

Alongside the development of our values, we have produced a set of customer care standards that clearly state our commitments to our customers, those receiving services from us, their friends, family and carers, our staff, other organisations we work in partnership with and our commissioners. We work to ensure we consistently deliver against these standards.

## Our services

### In-patient and acute services

#### Acute wards for adults and psychiatric intensive care units

- The Trust has five acute wards for adults and a Psychiatric Intensive Care Unit (PICU) based on three sites at the Lister Hospital, Stevenage; Kingsley Green, Radlett and Albany Lodge, St Albans. The acute wards provide care and treatment for people aged 18 years and above who experience mental ill health or have a learning disability with mental health needs.
- PICU (male only) is for people experiencing an intense period of mental distress and are very unwell. Any females requiring PICU are placed with independent providers, where possible within Hertfordshire.



#### Long stay/rehabilitation mental health wards for adults

The Trust provides a residential rehabilitation service, in community settings, to help people return to independent living. The service enables people with severe and complex mental health problems to gain or regain the confidence and skills in everyday activities which will enable them to fulfil their potential for recovery and independence. There are four community rehabilitation units across Hertfordshire.

#### Forensic In-patient wards

Our forensic in-patient wards provide assessment, treatment and rehabilitation for men who have learning disabilities or serious, complex and enduring mental health disorders and who pose, or who have posed, risks to other people. These services may be low or medium secure, reflecting the different levels of risk that people are considered to present.

## Child and adolescent mental health (CAMHS) wards

Forest House Adolescent Unit provides Tier 4 in-patient services for young people. This includes the assessment and treatment of young people with an eating disorder. Young people have access to a school on site to support educational needs during their admission.

## Wards for older people with mental health problems

We have three assessment and treatment units at: Logandene, Hemel Hempstead, Seward Lodge, Hertford and Prospect House, Watford (although Prospect House is currently being refurbished and service users are placed at The Stewarts, Harpenden). Service users assessment and treatment is therapeutic and promotes wellbeing and recovery.

There are three Continuing Healthcare (CHC) units. Victoria Court and Elizabeth Court, Stevenage and Lambourn Grove, St Albans which support people with the most complex and severe levels of challenging behaviour requiring additional health support. Service users receive care and ongoing treatment with therapeutic and social activities.

Wren Ward at Kingsley Green offers a service to adults with acute mental illness, who require assessment and treatment and have mobility issues and are physically frail.



*Lambourn Grove*



*Seward Lodge*

## Wards for people with learning disabilities or autism

We have three in-patient assessment and treatment services for people with learning disabilities, needing acute treatment for mental ill health or the short-term management of challenging behaviours. These services are based in Essex (Lexden Hospital), Hertfordshire (Dove and Specialist Residential Services) and Norfolk (Astley Court).

The Specialist Residential Service offers a longer stay treatment and rehabilitation pathway for people with longer term needs and significant intellectual disability. These are designed for people with a learning disability or autism and provide assessment, specialist care and treatment in a hospital setting. People using these services may receive support over a long period of time or for short-term interventions.

## Community services

### Community based mental health services for adults

Our adult community mental health services provide community based assessments, support and treatment, to people with mental ill health who may also have physical health issues and may have learning disabilities.

Our adult community mental health services are based across four quadrants in local communities, to support easy and timely access; and are integrated or work closely with the County Council in order to provide joint health and social care. People with non-psychotic disorders are seen by the Support and Treatment Team.

People with psychotic or mood disorder are seen by the Targeted Treatment Team.



*Street Triage Team*

A further team is now operational to provide an integrated First Episode Psychosis (FEP) service.

The Trust's two Acute Day Treatment Units (ADTU) sited at the Orchards, Hemel Hempstead and Lister Hospital, Stevenage are part of our adult community core service. These offer a 7 days a week service with multidisciplinary support and treatment for people in acute mental health crisis.

### Mental Health Crisis Services and Health Based Places of Safety

The Trust provides a number of mental health crisis services as alternatives to admission:

- The Crisis Assessment and Treatment Teams (CATT) provide urgent assessments for people who are in crisis. The teams also support home treatment as an alternative to an in-patient stay. The crisis team is available 24 hours a day, 7 days a week. The team works closely with the Acute Day Treatment Unit (ADTU), the in-patient wards and Host Families scheme. CATT also provides support to enable people to leave hospital earlier if they have been admitted. There are currently five CATT teams based across Hertfordshire.
- The Trust provides three health based Places of Safety, on the Kingsley Green hospital site. Two Places of Safety are based within Kingfisher Court and the third Place of Safety is based alongside the Oak Ward PICU, and is mainly used for those people where the risks of aggression are high. Adolescents detained to a Place of Safety access suites within Kingfisher Court where possible, and are supported by CAMHS staff. A business case for a bespoke CAMHS Place of Safety has been agreed with commissioners, and will be operational in 2018.
- Street Triage is a service where mental health workers work alongside the police, providing advice, assessment and support to people who come to the attention of the police in the community and who may have mental health needs. Currently the service operates from 5pm to 4am, 7 days a week.

## Specialist community mental health services for children and young people

Our specialist Child and Adolescent Mental Health Services (CAMHS) treats emotional and behavioural problems in children and adolescents. Emotional problems include depression, anxiety and phobias. Behavioural problems include extreme aggression at home and school, delinquency and Attention Deficit Hyperactivity Disorder (ADHD).

The Specialist Child and Family Clinics offer specialist help for children, teenagers and their families who are seeking to deal with feelings, thoughts or behaviour problems.

Other specialist services offered are:

- AF-DASH (Adolescent and Families Drug and Alcohol Service)
- Crisis Assessment and Treatment Team (C-CATT)
- Community Eating Disorders (CED)
- Targeted Team
- Forensic Adolescent Service

## Community based mental health services for older people

Mental Health Services for Older People (MHSOP) offers an integrated, multi-disciplinary and comprehensive service to people suffering from severe and enduring mental illness or dementia who have complex needs and will require interventions along an integrated treatment care pathway.

MHSOP comprises of: community, crisis, recovery therapy and support and early memory assessment, dementia diagnosis and post diagnostic support.

## Community Services for people with a learning disability or autism

We have Community Learning Disability Teams in Norfolk, Buckinghamshire, Essex and Hertfordshire. The Community Teams provide specialist health care to adults with learning disabilities. The teams work in collaboration with other professionals to meet people's individual health needs. Intensive support nurses work with people who have severe and complex needs such as: behavioural, physical, mental, emotional or sensory and which have increased to require a higher level of support.

The teams support people to remain in the community and avoid unnecessary hospital admissions by providing a rapid response, focused assessment and intervention, together with short-term treatment and support for carers.

The teams also provide a range of intensive community interventions. For example, where an admission has occurred the intensive support team work within the in-patient service so that people can be discharged quickly.

## Other specialist mental health services

### Single Point of Access (SPA)

Access to community based mental health teams in Hertfordshire is via the Trust's Single Point of Access (SPA), based in St Albans. The SPA team provides telephone triage for all referrals to community mental health and learning disability services in Hertfordshire.

Most referrals to our services to access crisis and secondary care services are made by GPs. We also encourage self-referrals to the Wellbeing (IAPT) Service for mild to moderate mental health issues. Referrals are received by phone or secure email, and clinicians are available Monday - Friday 8am-7pm. Outside of these hours urgent referrals are taken and managed by the Crisis Assessment and Treatment Teams (CATT) or via the Out of Hours Mental Health Helpline.

### Improving Access to Psychological Therapy (IAPT), also known as the Wellbeing Service

The Wellbeing Service is an Improving Access to Psychological Therapy (IAPT) service, providing easily accessible, evidence based talking therapies / treatments, to the general population experiencing common mental health problems such as anxiety and depression. The service also provides support for carers, people who are struggling with long term physical health conditions or who are experiencing low mood and anxiety during or after pregnancy. IAPT services are offered in Hertfordshire and North Essex covering five CCG areas.

We aim to help people to access psychological therapy and social care support, to help them achieve better psychological health and wellbeing. One of the therapies we use is Cognitive Behavioural Therapy (CBT). CBT is a highly effective talking therapy which is used to treat many different types of emotional difficulties.

### Mother and Baby In-patient Service

Thumbswood is a purpose built Mother and Baby Unit on the Kingsley Green site, providing specialist assessment, care and treatment for mothers suffering from mental illnesses associated with childbirth. It is only one of a handful in the UK that cares for and supports expectant mothers from 32 weeks pregnant to mothers of infants up to one year old.

Thumbswood provides support to partners and family members, and has facilities close to the unit where partners can stay overnight. The six bed unit has benefitted from improvements including a new sensory room, refurbished play area and dining room and kitchen areas.

### Community Eating Disorder Service

Our Community Eating Disorders Service (CEDS) - based at Rosanne House, Welwyn Garden City provides an assessment and treatment service for adults who have moderate to severe eating disorders, including anorexia nervosa, bulimia nervosa, and atypical eating disorders including binge eating disorder.



*Single Point of Access office*

## Obsessive Compulsive Disorder Service

We provide highly specialised services for Obsessive Compulsive Disorders (OCDs) and sit as linked services in the Adult Community Service, based at Rosanne House, Welwyn Garden City.

## Perinatal Community Team

The Community Perinatal Team (CPT) based at Kingsley Green, Radlett is a new service which opened at the end of March 2017. It is one of 20 new community perinatal teams nationally, funded from the first wave of the NHSE community perinatal service development fund. The CPT has been one of the first of these services to become operational, and has led the way in community perinatal service development in the East of England region.

## Equality and diversity

HPFT believes that everyone should be entitled to fair and equal services that take account of individual needs and backgrounds. We actively advocate for equality and believe that everyone we come into contact with deserves the same standard of treatment and support. Furthermore, it is essential for us that people using our services, their carers and our employees are provided with opportunities to be involved in shaping how our services develop. The Trust has a rich history of supporting people who may be experiencing difficulties in their lives and providing an environment where they can flourish, be themselves and feel part of a diverse community.

HPFT chooses to work in a way that ensures we can link all of our work around equality and inclusion back to three core legal requirements. This is known as the Public Sector Equality Duty and is part of the Equality Act 2010. This means all of our equality and inclusion work should:

- Eliminate unlawful discrimination, harassment and victimisation and other conduct prohibited by the Equality 2010 Act.
- Advance equality of opportunity between people who share a protected characteristic and those who do not.
- Foster good relations between people who share a protected characteristic and those who do not.

As we are a large organisation we also have additional responsibilities to show how we are assessing what we do is in the interests of those we provide services to and employ. Some of the ways we approach this include:

- Regular staff and service user satisfaction surveys
- Qualitative data studies (such as Peer Experience Listening)
- Ensuring that services, at a local level have procedures in place to respond people in a way that is relevant to their own personal needs.
- Our values and behaviours framework that determine the level of support and care all of our service users, carers and staff should see in our practice.



## Our Recent Achievements

### GMC Trainee Survey:

- HPFT received a top rating – one of the top Trusts in East of England

### GMC Trainer Survey:

- HPFT received a top rating – one of the top Trusts in East of England

### Health Education England Awards:

- Finalist for excellence in patient experience

### Health Service Journal Awards:

- Award for Most compassionate Patient Care (CAMHS Eating Disorders Service)
- Award for our Director of Medical Education
- Award for our CEO
- Award for Board Leadership

### HPMA Excellence Awards:

- Award for our Executive Director of Workforce, OD and HR for excellence in HR

### HFMA Awards:

- Our Finance Department awarded Accounts Team of the Year

### Royal Society for the Prevention of Accidents:

- President's award for outstanding performance in Health & Safety at work

### Building Better Healthcare Awards:

- Best external environment to our inpatient unit – Kingfisher Court



*Health Service Journal chief executive of the year award*



*HPMA excellence in HR award*

## Strong Partnerships with other organisations:

- University of Hertfordshire
- John Lewis Partnership
- Local Trusts (WHHT and E&NHT)
- External Training and Development Organisations
- CCGs
- Local Councils

## Feedback from our trainees:

"I cannot thank the Doctors and Nurses enough. Everyone has been exceptionally helpful and friendly. In my opinion they constantly trying to do their best for the patients".

"This placement has been a good opportunity to learn about various presentations of mental illnesses. I have received excellent support from my clinical supervisor Dr Omar who took the time to facilitate weekly supervision sessions and was always there for help and guidance on both clinical and non-clinical matters".

"Excellent placement. The team on Wren Ward were lovely, very helpful and welcoming".

"Very well supported including careers support"

"Very useful placement to develop much needed skills within psychiatry. Very supportive team and clinical supervisor"

"I am a part time trainee and am looking forward to coming back. I have had an amazing time here with loads of learning and experiences and am highly pleased with my trainer who is a delight to work with, sensible, respectful and a knowledgeable trainer".

"My clinical supervisor was very supportive and a fantastic mentor. Taught me from the basics and encouraged me not to feel ashamed to ask questions when in doubt".

"My whole experience so far with the trust has been amazing and I could confidently say this has been a fantastic post."



# Facilities

## Learning & Development Centre – The Colonnades



In June 2014 we opened The Colonnades, our learning and development facility in Hatfield, Hertfordshire.

The Colonnades offers staff a focused, efficient learning space with state of the art facilities including a modern and fully fitted Clinical Skills lab, a dedicated e-learning suite, a new and improved library resource for staff, seminar and meeting rooms, an atrium area for informal meetings and wireless throughout.

All of our staff are encouraged to make use of this fantastic facility for their training and development needs.



## Library Services at The Colonnades, Hatfield

Library Services are based at The Colonnades, Hatfield. You can register with the library by completing a registration form.



### What can your library do for you?

- Access to journals
- Literature searches
- Article supply
- NHS evidence training
- Books sent to your place of work
- Journal alerts

### The library provides a range of services to support all roles:

- Daily newspapers
- Computer access
- Quiet study space
- A wide range of books
- Print journals and document supply
- Training on evidence-based searches

## International Fellowship in Psychiatry

HPFT International Fellowship provides a full-time, two year structured training programme in psychiatry. Fellows extend their understanding and gain a broad range of experience working alongside highly experienced consultants, clinicians and multi-professional staff. Through a co-ordinated, multi-disciplinary approach, a Fellow gains a thorough understanding of the treatment of patients in psychiatry.

Fellows develop the skills to perform relevant procedures as part of a supervised personal development plan. The programme examines the key scientific tools as they apply to the treatment and management of patients.

Fellows are given the opportunity to enrol in a Master's degree with the University of Hertfordshire.

### What could this fellowship lead to?

- Registration with the GMC
- Master's Degree (MSc available in a variety of subjects)
- Increased experience and knowledge of a psychiatric sub-specialty and multi-disciplinary health care systems in the UK
- Certificate of completion of Fellowship Programme with HPFT
- Ability to apply for and pass MRCPsych



## What can we offer?

### A Master's Degree at University of Hertfordshire

HPFT is partnered with University of Hertfordshire. Trainees are offered the opportunity to attend this campus to gain further qualifications including a Master's Degree. Many of our HPFT staff teach and help facilitate programmes at the University.

See link: <http://www.herts.ac.uk/>



### Continuing Professional Development

- A weekly academic teaching session for all trainees/fellows.
- A weekly Balint Group open to all trainees/fellows.
- A monthly teaching event for all medics and other professional groups.
- All fellows will be assigned a Clinical and Educational Supervisor.
- A Fellow's development can be tailored to meet future ambitions and career.

### Research Opportunities

HPFT is a University Trust with an active research profile in mental health, learning disabilities and dementia. We recruit to National Institute of Health Research (NIHR) portfolio studies and are always looking for new clinicians who would like to be local principal investigators for these studies. We also have several projects led by the Trust, in which there may be opportunities to get involved. The Trust has research expertise in learning disability, obsessive compulsive disorder, dementia, ADHD. We host an annual research showcase event in collaboration with the University of Hertfordshire and we encourage all people with an interest in research to attend and participate in this event, along with our quarterly research group meetings.

### Audit Opportunities

Fellows will have the opportunity to take part in audit, both local and national. Clinical audit compares current practice against best practice standards, and enables us to identify areas of good practice and areas which could be improved. As a Trust it is important we are continuously striving to improve the quality of the services we provide and clinical audit is a key part of this. Within HPFT we have a dedicated Practice Audit and Clinical Effectiveness team (PACE) who conduct a varied audit programme each year and support smaller service led work. The team are also responsible for the implementation of National Institute for Clinical Excellence (NICE) guidance. Upon completion of your audit report we can issue you with a certificate of completion upon request.

### Staff Wellbeing Team

HPFT has a dedicated Staff Wellbeing Team who organise regular activities open to all staff. They arrange workshops, social events, health initiatives and challenges on a regular basis. They also arrange a series of staff engagement events that are held throughout the year.

### Mentor / Peer Mentoring

HPFT has a list of mentors available to help and support trainees/fellows. We also run a Peer Mentoring Scheme; this new initiative was implemented in December 2017. This aims to provide additional support to trainees/fellows during their rotation.

# Programme Structure

## Induction

An induction period is required before the start of the International Medical Fellowship programme. This will be facilitated by HPFT Medical Education Office together with the Fellow's assigned Clinical and Educational Supervisors. The induction will include:

- an introduction to Hertfordshire and the UK
- introduction to the Fellowship programme
- familiarisation with the National Health Service, HPFT and its partner organisations
- formal teaching, mandatory training sessions and other specialty specific pre-requisites (e.g. Intermediate Life Saving, Safeguarding Adults and Children courses, etc)
- introduction to the clinical IT and informatics systems
- opportunities to shadow colleagues as a supernumerary member of the team in the clinical environment

## Clinical programme

We offer training in the following specialities:

- General adult psychiatry
- Old age psychiatry
- Child and adolescent psychiatry
- Intellectual disability
- Liaison psychiatry
- Medical psychotherapy
- Perinatal psychiatry
- Rehabilitation and social psychiatry
- Forensic psychiatry

The education and training programme is appropriate to the needs, skills, experience and competence of each trainee and their specialty, and continues to develop to ensure ongoing reviews are reflected in the individual programmes.

Training is supported by a multi-professional team of clinical experts, clinical academics and educationalists and by the delivery of teaching and learning in practice. There is formal face-to-face teaching as well as scenario-based simulation training.

Initially, Fellows work with a dedicated clinical supervisor to develop and agree an appropriate personal education and training plan, based on their experience and identified learning needs. Progress is monitored through supervised practice; the plan is updated as the training progresses.

All education and training is regularly monitored to ensure both the highest quality and guarantee Fellows are exposed to an integrated research and clinical education environment of the highest standard.

Fellows develop and consolidate the clinical skills in their chosen speciality. They participate fully in the academic programme and procedures to gain the same level of experience as UK-based trainees. Further, Fellows have the opportunity to specialise in a range of sub-specialties, dependent on their competencies and development plan. Fellows will also participate with out-of-hours and on-call duties.

The programme is supported by the medical education department with a Lead for Medical Fellowship, Clinical/Educational Supervisors and Clinical Tutors. These senior consultants have considerable experience in medical education.

## Admission criteria

We are looking for medical practitioners who already have relevant knowledge, skills and experience in psychiatry to practice under full registration in the UK. The medical practitioners will already have three years or more of clinical experience in Psychiatry. Our processes will ensure that rigorous assessment of each doctor's capability for practice in the UK is undertaken in order to demonstrate that they are working at least at the level of a UK medical graduate. For further information please see link below to Core Curriculum for Psychiatry Training in UK

[www.rcpsych.ac.uk/pdf/Core\\_Psychiatry\\_Curriculum\\_August\\_2016.pdf](http://www.rcpsych.ac.uk/pdf/Core_Psychiatry_Curriculum_August_2016.pdf)

The programme is open to all international postgraduate medical trainees with at least 3 years' experience in psychiatry and have been engaged in at least 3 years of full time clinical practice including the last 12 months.

Fellows must also satisfy the GMC's language requirements for English. This requires an average score of at least 7.5, with a score of at least 7.0 in each area (speaking, listening, reading and writing) under the International English Language Testing System (IELTS). The GMC will also accept Occupational English Test (medicine version) for doctors who score at least a 'B' in each domain to show that they have the necessary knowledge of English to gain a licence to practise in the UK. Please see links below:

[www.gmc-uk.org/doctors/registration\\_applications/13680.asp](http://www.gmc-uk.org/doctors/registration_applications/13680.asp)

[www.occupationalenglishtest.org/test-information/healthcare-professions/medicine/](http://www.occupationalenglishtest.org/test-information/healthcare-professions/medicine/)

Alternatively, applicants may be registered with the GMC, be eligible for registration or be in a position to apply for registration.

## Application process

Doctors wishing to be considered for HPFT International Medical Fellowship are requested to send their CV (evidencing psychiatry experience) together with completed application forms (Part 1 and Part 2); at least three references (reference forms) to include current employer and notary attested or embassy attested ID to: *medicalfellow@hpft.nhs.uk*

All applications will be considered and selected for interview which will be conducted via Video Conference/Skype with the Lead for Medical Fellowship Programme, relevant specialty Consultant, HR Representative and service user or carer.

## GMC Sponsorship

For successful candidates HPFT will act as a sponsor for GMC registration.

See link for information:

[www.gmc-uk.org/doctors/registration\\_applications/list\\_of\\_sponsors.asp](http://www.gmc-uk.org/doctors/registration_applications/list_of_sponsors.asp)

## Visa / Sponsorship and Accommodation Support

Successful candidates will be given help and support with Visa application. HPFT will act as the UK Sponsor to enable participants to apply for a visa with the UK Borders Agency. Fellows will work as a Core Trainee 3 and above, the UK equivalent position.

Accommodation can be arranged for the first three months of placement in order to help Fellows settle into their new environment.

### To be noted by applicants:

#### GMC information for doctors about pre-registration verification of qualifications from 11 June 2018

Applicants for provisional or full registration with a licence to practise will need to have their primary medical qualification independently verified before GMC grant their registration, if they:

- qualified at a medical school outside of the UK, EEA or Switzerland
- OR**
- are a national of a country outside the UK, EEA or Switzerland who graduated from a medical school outside the UK and do not already hold provisional registration with a licence to practise. Verification will be carried out by the Educational Commission for Foreign Medical Graduates (ECFMG), through their online system - known as the Electronic Portfolio of International Credentials (EPIC) service. ECFMG will verify the qualification by checking this directly with the doctor's medical school.

For more information see GMC link: [www.gmc-uk.org/doctors/before\\_you\\_apply/31439.asp](http://www.gmc-uk.org/doctors/before_you_apply/31439.asp)

## Contact

Individuals who would like to know more about the International Medical Fellowship should e-mail: [medicalfellow@hpft.nhs.uk](mailto:medicalfellow@hpft.nhs.uk)

# Information about Hertfordshire

Hertfordshire is a county in southern England, bordered by Bedfordshire to the north, Cambridgeshire to the north-east, Essex to the east, Buckinghamshire to the west and Greater London to the south. Hertfordshire has great tracks for cycling, walking, running as well as water sports. There are award-winning parks, woods and rivers nearby, as well as zoos, wildlife parks, open farms, stately homes and museums. There are great clubs, cafes and shopping facilities as well as markets. For more information about Hertfordshire see link: <https://www.visitherts.co.uk/>

## Places of Interest

There are many places of interest in Hertfordshire to include:

- St Albans Cathedral, St Albans
- Hatfield House, Hatfield
- Knebworth House, Knebworth
- Verulamium Park and Museum, St Albans
- Ashridge Estate, Ashridge
- Natural History Museum, Tring
- Cassiobury Park, Watford
- Warner Bros Studio, Watford
- Shaw's Corner, Ayot St Lawrence
- Rye Meads Nature Reserve, Nr Hoddesdon



## Transport Links

### Rail:

There are five main lines into London from Hertfordshire.

### Roads:

The M1 and M25 motorways pass close by our hospitals, as do the A1 and A41.

## Shopping - Large Undercover Shopping Centres

There are a large number of shopping centres in Hertfordshire to include:

- Intu and Waterfields, Watford
- The Maltings, St Albans
- Westgate, Stevenage
- Galleria, Hatfield
- Howard Centre, Welwyn Garden City
- Garden Square, Letchworth Garden City
- The Marlowes and Riverside, Hemel Hempstead
- Bircherley Green, Hertford

## Entertainment

There is a variety of entertainment venues in Hertfordshire to include:

- Theatres and cinemas
- Golf and country clubs
- Restaurants, cafes and bars
- Warner Bros – Harry Potter Studios, Watford
- Children's play centres

