



Information Rights & Compliance Team
99 Waverley Road
St Albans
Hertfordshire
AL3 5TL

Tel: 01727 804954
Email: foi@hpft.nhs.uk

Our Ref: FOI 2675

Thank you for your request concerning Early Intervention in Psychosis (EIP) services within the Trust.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

1. What was your annual Early Intervention in Psychosis (EIP) budget for (a) 2016-17 and (b) 2017-18?

Please be aware that our EIP services are now referred to as First Episode of Psychosis (FEP).

Year	Budget
a) 2016-2017	£820k *
b) 2017-2018	£2.4m

*During 2016-17 we did not have a standalone team so the figures is an estimated figure

2. How many people accessed EIP services in 2016-17; (b) How many people are estimated to access EIP services in 2017-18?

	Number of people
a) How many people accessed EIP/FEP services in 2016-17?	408
b) Estimated to access EIP/FEP services in 2017-18?	540 *

*We anticipate that 540 individuals will access the FEP Pathway during 2017-18. This figure represents the total caseload, irrespective of whether service users are in year 1, year 2 or year 3 of the pathway. Of this total caseload, we estimate that 275 individuals will access the pathway for the first time (i.e. will be in year 1 of the pathway) in 2017/18.

3. What was the average EIP investment per patient in 2016-17; (b) what is the estimated EIP investment per patient in 2017-18?

Year	Investment
a) 2016-2017	£3,211 per patient
b) 2017-2018	£4,649 per patient

4. What age range has your EIP service been commissioned to cover in 2017-18?

We have been commissioned to provide a service to individuals aged 14 and above.

5. What eligibility criteria/restrictions does your EIP service have in place for referrals over the age of 35?

There are no restrictions on the eligibility criteria / restrictions for individuals over the age of 35.

6. What was the (a) mean and (b) longest waiting time from referral to treatment in your EIP service in 2016-17?

The information that you are requesting regarding the breakdown of waiting times does not form part of the Trust's national, contractual or local reporting at present. We have a number of performance indicators relating to waiting times and access to services which form part of the Trust's [Quarterly Performance Report](#)¹ to Board and are available on the Trust's Public website. We would therefore refer you to this in the first instance.

7. Of those accessing EIP in 2016-17, what percentage received cognitive behavioural therapy for psychosis (CBTp)? b) Of those who received CBTp, what was the average number of sessions received?

CBT	Response
a) Percentage	7%
b) Average number of sessions	2.6 Sessions

We have provided the data that was published in the self-assessment audit for 2016/17. Data was collected during September 2016 and the sampled cohort was the caseload at this point of 302 service users. 7% of this caseload received CBTp. Since this time, Clinical Psychologists with CBTp training have been recruited to work specifically within the FEP Service. We expect this figure to rise considerably in coming years.

8. Of those accessing EIP in 2016-17, what percentage of individuals and their families received Family Interventions?

Percentage	3%

3% of the caseload above received Family Interventions. Since this time Clinical Psychologists and Associate Practitioners have been recruited to work specifically within the FEP Service. We expect this figure to rise considerably in coming years.

9. Of those accessing EIP in 2016-17, what percentage of patients received a comprehensive physical health check?

Percentage	96%

An internal audit was conducted at the end of March 2017, for which the sample data group included all service users who entered the FEP pathway in Q2 and Q3 2016 /17. In 96% of cases, physical health parameters were being successfully recorded in the service user records and interventions were in place where clinically appropriate.

10. Of those accessing EIP in 2016-17, what percentage of those who were reported to be smokers were referred to Smoking Cessation services?

¹ Section 21 – Information available by other means

Percentage	97%
------------	-----

Of those service users on the caseload requiring a physical health intervention for smoking, 60% had been offered one and 37% took this up. An internal audit was conducted at the end of March 2017, for which the sample data group included all service users who entered the FEP pathway in Q2 and Q3 2016/17. For those within this audit who required an intervention for smoking, 97% received a successful intervention.

11. Of those accessing EIP in 2016-17, what percentage of those who were not in employment or education received Individual Placement and Support?

Percentage	13%
------------	-----

23% of those on the caseload who were not in work, training or education were offered supported employment or education programmes. 13% of all those who were not in work, training or education took up supported employment or education programmes. During 2017/18 FEP staff within the service will be trained in the delivery of IPS and a range of supported employment programmes will be offered.

12. Is your EIP team able to deliver the full NICE-concordant packages of care, in accordance with national guidelines, to all patients referred to the EIP service?

The FEP Service is working towards a position where we are able to deliver the full NICE-concordant package of care, and we anticipate that we will be in a position to do this by the end of 2017/18.

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

Sharon Farrell

Sharon Farrell
Information Rights Officer

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

