



Information Governance Team  
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Our Ref: FOI 2652

Thank you for your request concerning mental health issues faced by staff.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

<p><b>HPFT is passionate about supporting staff Health and Wellbeing. The support that HPFT offers is categorised into three main areas; Mental Wellbeing, Physical Wellbeing and Social Wellbeing.</b></p>	
<p><b>Mental Wellbeing</b></p>	<p>24hr confidential helpline Spiritual care service Mindfulness Staff networks Bullying and harassment helpline Schwartz Rounds</p>
<p><b>Physical Wellbeing</b></p>	<p>Access to an Online Health Management platform Mini health checks Support with events (5k running, cycling challenges) Internal competitions (pedometer challenges) Massages Cycle to work scheme Flu vaccinations Physiotherapy Stop smoking support</p>
<p><b>Social Wellbeing</b></p>	<p>Health and Social Committee and associated events/initiatives. Staff health and wellbeing is featured during new starter inductions and is included in all people policies within the Trust. Staff Health and Wellbeing is also included within our manager development course.</p>

1. Please state the number of staff who took long term sick leave, defined as being on leave for 28 or more calendar days (i.e., 4 working weeks), for any reason in each of the following financial years:

	2012/13	2013/14	2014/15	2015/16	2016/17	2017/18*
Numbers	374	338	341	386	336	165

2. Please state the number of staff who took long term sick leave, defined as being on leave for 28 or more calendar days (i.e., 4 working weeks) due to mental health issues, in each of the following financial years:

	2012/13	2013/14	2014/15	2015/16	2016/17	2017/18*
Numbers	93	116	99	102	91	46

**3. Please state the number of staff who left your trust for any reason in each of the following financial years.**

	2012/13	2013/14	2014/15	2015/16	2016/17	2017/18*
Numbers	531	406	510	451	457	107

\*Figures shown are for the period 01/04/2017 to 10/07/17

**4. Please state the number of staff who left your trust due to mental health issues in each of the following financial years.**

It is not possible to answer as 'mental health issues' is not one of the leaving reasons on our system.

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

*Sharon Farrell*

**Sharon Farrell**  
**Information Rights Officer**

Enc: Copyright Protection and Complaints Procedure Information Leaflet

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

