



21 August 2018

Information Rights & Compliance Team  
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Our Ref: FOI 2966

Thank you for your request concerning expressive/creative therapies.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

**This refers to the use of the creative arts as a form of therapy and includes art therapy, drama therapy, music therapy and dance therapy.**

**For each question I am seeking information for each of the following time periods (financial years): 2014/15, 2015/16, 2016/17 and 2017/18 to date (most recent data available).**

**1. Does your trust provide expressive/creative psychological therapies? If yes, which types?**

Yes, we provide Art therapy, Dramatherapy and Music therapy.

**2. How many staff do you employ who are trained in expressive/creative therapies?**

	14/15	15/16	16/17	17/18
	<b>Posts (Full Time Equivalent)</b>			
Art therapy	10.32	8.84	11.33	11.39
Dramatherapy	7.54	5.78	5.72	7.12
Music therapy	1.9	1.78	1.1	0.6

**3. How much is spent on providing expressive/creative psychological therapies?**

The below spend is for Art, Drama and Music therapies. These reflect the pay costs of providing therapies. It is not possible to disaggregate any non-pay costs but these would not be material.

Financial Year	Spend
2014/15	£973k
2015/16	£884k
2016/17	£808k
2017/18	£970k

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

*Sue Smith*

**Sue Smith**  
**Information Rights Officer**

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

