



13 December 2018

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Our Ref: FOI 03009

Thank you for your request concerning Electroconvulsive Therapy (ECT)

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

Under freedom of information legislation, I am seeking the following information, all in relation to Electroconvulsive Therapy (ECT):

1. How many people have received ECT through your trust in the last 2 years?

82 service users have received treatment in the last 2 years.

2. **What is the age of the youngest person to have been given ECT through your trust in the last 2 years?**

The youngest person(s) to receive ECT in the past 2 years was 19.

3. **What is the age of the oldest person to have been given ECT through your trust in the last 2 years?**

The oldest person(s) to receive ECT in the past 2 years was 96.

4. **How much does it cost your Trust to offer ECT to one person in standard blocks of therapy, such as 10 rounds of being given ECT? A current rate/cost today.**

We are a large Mental Health (MH) and Learning Disability (LD) Trust that covers four counties; Hertfordshire, Norfolk, Essex and Buckinghamshire with responsibility for Acute and Rehabilitation MH services, Children & Adolescent MH services, Community Services, Older People MH services, LD Assessment & Treatment, LD Continuing Care with two LD Forensic Medium Secure Units and one LD Forensic Low Secure Unit, all our which could offer or refer our service users for treatment.

It is not possible to provide you with this level of breakdown as this does not form part of the Trust's national, contractual or local reporting; we report by direct costs of the service. The full cost of ECT would include overheads which are not specific to the clinical treatment.

5. **How much does it cost your trust to offer psychotherapy to one person in standard blocks of therapy, such as 10 sessions of psychotherapy? A current rate/cost today.**

Please see the explanation given under question 4; psychotherapy cannot be broken down to one person.

**6. How many patients in the last 2 years receiving treatment of ECT through your trust have been given rehabilitation for their brain injuries induced by the ECT?**

None of our patients have required rehabilitation for brain injuries induced by ECT in the past 2 years.

**7. How many patients within the last two years have reported memory loss after undergoing ECT?**

All patients report a measure of memory of loss.

**8. What cognitive function testing does the Trust advocate and carry out on ECT patients and with what frequency?**

We use Mental State Examination (MSE) and Mini Mental State Examination (MMSE).

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

*Sue Smith*

**Sue Smith  
Information Rights Officer**

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

