

1 July 2019

Information Rights & Compliance Team
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Our Ref: FOI/03317

Thank you for your request concerning Couple Therapy.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

We would be grateful if you would answer the following questions please regarding the provision of Couple Therapy for Depression/Behavioural Couples Therapy in IAPT services:

1. Does Hertfordshire Partnership University NHS Foundation Trust provide an IAPT service?

Yes we do.

2. If your answer to the first question was 'Yes', does this IAPT service currently offer Couple Therapy for Depression/Behavioural Couples Therapy? Yes/No.

Yes we provide Couples Therapy for Depression.

3. If your answer to the second question was 'No', please would you state the reason(s) why the service does not offer this therapy.

Not applicable.

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

Sue Smith

**Sue Smith
Information Rights Officer**

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

