

13 September 2019

Information Rights & Compliance Team  
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Our Ref: FOI/03329

Thank you for your request concerning the number of services users with a body dysmorphia disorder (BDD).

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

**How many people have been diagnosed with body dysmorphia in the last five calendar years (2014-15, 2015-16, 2016-17, 2017-18, 2018-19)?**

**Please can you break this down by year and say whether it was a primary or secondary diagnosis. Please also say if it was diagnosed alongside other things such as obsessive compulsive disorder or other conditions.**

Please see below for the number of services users with an ICD10 Primary Code of F45.2 Hypochondriacal Disorder which includes Body Dysmorphic Disorder that have been seen by our services.

F45.2 - Hypochondriacal Disorder including  
Body Dysmorphic Disorder  
Dysmorphophobia (non-delusional)  
Hypochondriacal Neurosis  
Hypochondriasis  
Nosophobia

Calendar Year	Total Number of F45.2 Diagnosis	Number of Primary F45.2 Diagnosis	Number of F45.2 & OCD Diagnosis	Number of F45.2 & Other Diagnosis
2014/15	11	8	2	7
2015/16	12	8	3	9
2016/17	6	4	0	4
2017/18	16	12	1	10
2018/19	8	5	1	7

**PLEASE NOTE: Inaccurate Data**

The above numbers are not an accurate reflection of number of service users with a BDD diagnosis seen by us.

The numbers represent the number of services users with a BDD diagnosis recorded on our Electronic Patient Recording (EPR) System – mainly the inpatient units.



Patients with Body Dysmorphia are seen by our specialist OCD/BDD and IAPT services but it is not possible to extract data separately from these services as the diagnosis is not recorded in the diagnosis section of the EPR.

To supply the information requested would involve manually reviewing every referrals to the OCD/BDD and IAPT services. Therefore Section 12 – Cost of Compliance exceeds the appropriate limit has been applied.

However, to be helpful under Section 16 of the FOIA I can confirm that 31 referrals were made to our OCD/BDD Service in 2018/19.

Should you require further clarification or like to discuss payment, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

*Sue Smith*

**Sue Smith**  
**Information Rights Officer**

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

