

22 November 2019

Information Rights & Compliance Team
99 Waverley Road
St Albans
Hertfordshire
AL3 5TL

Tel: 01727 804954
Email: Hpkt.foi@nhs.net

Our Ref: FOI/03480

Thank you for your request concerning patients being restrained. Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

- The number of times that patients have been restrained while under the care of the Trust. May you please provide the figures per financial year for the following years: 2018/19, 2017/18 and 2016/17.**

This information is already in the public domain¹. Please follow this [link](#) to our website where we report on restraints in our board papers. The September 2019 Report provides you with information for Q1 2017/18 to Q4 2018/19 (Page 21, overall 63).

In 2016/17 there were 1,146 physical restraints.

- The type of restraint used in each instance. May you please provide the figures per financial year for the following years: 2018/19, 2017/18 and 2016/17**

i.e. in 2017/18, in total, the Trust recorded 2,000 incidents of restraint used on patients. Of the 2000 incidents, there were 200 instances of prone restraint whereby the individual was placed face-down onto a surface etc.

	Prone	Chemical	Mechanical
2016/17	10	150	0
2017/18	This information is already in the public domain. Please follow the link provided under question 1.	265	0
2018/19		237	0

Caveat: Chemical restraints are based on the number of Intra Muscular Injections Rapid Tranquilisation (IMI RT) restraints recorded by the Trust. IMI RT was the only chemical restraint recorded prior to 01/04/2019.

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

¹ Section 21 – Information is accessible through other means

Yours sincerely

Sue Smith

Sue Smith
Information Rights Officer

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

