

16 March 2020

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Our Ref: FOI/03482

Dear Simon

Thank you for your request concerning Wellbeing Spend and Effectiveness and I would like to again apologise for the late response.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

Questions: 2018/19

1. How much money is invested in the Wellbeing Service?

Please see below for the investment and spend for the whole of Hertfordshire Wellbeing services.

Financial Year	Investment	Spend
	£000	£000
2018/19	9,104	9,300
2019/20 to Month 6	5,924	5,602
2019/20 full year (spend projected)	12,453	12,453

For further information regarding the commissioning of Wellbeing/IAPT, please contact the [East & North CCG](#).

NOTE: We are not commissioned to provide counselling services.

2. How much money is spent by the Wellbeing Service?

Please see the table provided under question 1.

3. How many referrals are received by the Wellbeing Service?

The IAPT/Wellbeing Service received 57,684 referrals in 2018/19

4. How many of the above referrals were discharged without receiving support?

15,523 people did not receive treatment from the Wellbeing Service after declining support, being signposted to another service, or referred on to another service.



5. How many of the above inappropriate referrals committed suicide?

Three people who did not enter in treatment with the Wellbeing Services received a suicide conclusion at Coroner's inquest.

6. How long does it take for a service user to recover?

There is always on a case by case basis; there is not a set period for recovery. Also the length of treatments vary and are tailored to individual need in line with NICE guidance.

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

Sue Smith

**Sue Smith
Information Rights Officer**

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

