

## Why am I in hospital?

You have been examined by two doctors and they think that you have a mental disorder and you must stay in hospital so that the person in charge of your care (your Responsible Clinician) can find out what is wrong and how to help you. At any time during your detention your Responsible Clinician can discharge you if you no longer need to be detained.

### INDEPENDENT MENTAL HEALTH ADVOCATE

You are entitled to help from an independent mental health advocate. These advocates are independent of people involved in your care. They can help you get information about your care and treatment, why you are being kept in hospital, what it means and your rights.  
See front page for contact details.

### RIGHT TO APPEAL

You can appeal to the tribunal within the first 14 days of your detention. You can also appeal to the Mental Health Act Managers. Contact your Mental Health Act Office or solicitor for details.

### NEAREST RELATIVE

Your Nearest Relative can write to the Mental Health Act Managers to ask for your discharge. Within 72 hours of receiving your Nearest Relative's request, your Responsible Clinician must decide whether you might be a danger to yourself or others. If not you will be free to leave at the end of the 72 hours.

## SECTION 2

### LEAVE

Please talk to your Responsible Clinician if you would like to leave. You must not leave unless your Responsible Clinician tells you that you may. If you try to leave the staff can stop you, and if you do leave you can be brought back.

### WHAT HAPPENS NEXT?

Section 2 lasts up to 28 days. Your Responsible Clinician may decide that you need to be in hospital for longer than 28 days, in which case you may be kept in hospital under section 3 of the Mental Health Act instead. They must make this decision before the 28 days are up.

### TREATMENT

Your Responsible Clinician and other members of staff will talk to you about any treatment they think you need. In most cases you will have to accept their advice. You can be treated without your consent on a section 2.