

16 September 2020

Information Rights & Compliance Team  
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Our Ref: FOI/03606

Thank you for your request concerning CBT For Parkinsons and we apologise for the prolonged delay in responding to your request.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

**1) Does your Trust provide a service that delivers cognitive behavioural therapy for people experiencing compulsive or impulsive behaviours or disorders? (yes/no)**

Yes, but not a specialised or specifically dedicated treatment pathway.

**2) Does your Trust provide a service that delivers cognitive behavioural therapy for people with Parkinson's experiencing compulsive or impulsive behaviours or disorders? (yes/no)**

We provide CBT for people with common mental health problems under our IAPT contract, and for people with severe mental health problems under our specialist mental health contract. However, the service specifications do not specifically identify people with compulsive or impulsive behaviours or disorders, or people with a diagnosis of Parkinson's.

**3) If so, what type of health professional provides this service? (please list specific job titles)**

Clinical and Counselling Psychologists, CBT Therapists, and other types of Psychological Therapists.

**4) Is this service specifically commissioned by your clinical commissioning group? (Yes/No)**

No.

**5) Is the service commissioned by NHS England? (Yes/No)**

No.

Should you require further clarification, please do not hesitate to contact me.



Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

*Sue Smith*

**Sue Smith**  
**Information Rights Officer**

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

