

24 November 2020

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Our Ref: FOI/03679

Thank you for your request concerning CAMHS Treatment And Physical Illness.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

We are running a research project exploring the access and treatment of children and young people who have mental health needs in the context of chronic physical illness (e.g. children with epilepsy).

For the project, we would like to make the following FOI requests about your CAMHS:

1. Number of children referred to your service in 2019

5383

2. Number of children referred to your service in 2019 with a physical illness

6

3. Average waiting times for your service in 2019

47 days

4. Average waiting times for your service in 2019 for children with a physical illness

Not applicable

5. Average number of sessions for your service in 2019

6.49 (face to face contacts)

6. Average number of sessions for your service for children with a physical illness

7 (face to face contacts)

7. Number of children rejected from your service in 2019 and reasons

Not applicable. Children would always be signposted to an alternative most appropriate pathway.

8. Number of children rejected from your service in 2019 with a physical illness and reasons

Not applicable. Children would always be signposted to an alternative most appropriate pathway.



9. Who provided the intervention for children with and without a physical illness in 2019?

Paediatrics for physical interventions, without a physical intervention Mental Health Services. Some cases may be worked jointly.

10. What was the intervention provided for children without and without a physical illness in 2019?

This is unanswerable as the interventions would be so varied for both physical and mental health interventions. All cases are assessed and needs identified.

11. Does the service offer 'low intensity' interventions e.g., guided self-help?

Low intensity interventions are not a term we work with. Guided self-help that is not really a T3 approach as we only work with the most complex of cases offering targeted mental health support.

12. Does the service offer 'high intensity' interventions e.g., a full 12-20 session course of psychological treatment delivered by a qualified clinician?

We offer a range of interventions including psychological support and crisis care.

13. Does your service offer 'stepped care' i.e., starting with a low intensity intervention and then moving onto a high intensity one?

We are a specialist CAMHS service offering T3 and T4 services.

14. Does your service offer stepped care for children with physical illness i.e., starting with a low intensity intervention and then moving onto a high intensity one?

We do not provide physical healthcare as we are a Mental Health Trust.

15. How many children with and without physical illness received stepped care vs. high intensity therapy in 2019?

We do not hold this data¹.

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

Sue Smith

**Sue Smith
Information Rights Officer**

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

¹ Section 1(1) Any person making a request for information to a public authority is entitled (a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and (b) if that is the case, to have that information communicated to him.

