

30 November 2020

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Our Ref: FOI/03729

Thank you for your request concerning Compulsive Sexual Behaviour Disorder.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

**The prevalence of 'Compulsive Sexual Behaviour Disorder' in the U.K. is unknown at this point and there is no tangible evidence to support the idea of this concept. However, there seems to be a clinical need in this specific area. As a British researcher in the field, I would like to gather information about current treatment in the area of CSBD since its recent inclusion in the revised version of the International Classifications of Diseases-11 (ICD-11), it is imperative to document how accessibility to NHS talking therapy services can be improved for those exhibiting such behaviours.**

I submitted a request in September 2013, this is a follow up request to examine if there have been any changes in the treatment provisions over the last six years.

Under the Freedom of Information Act (2001), we would like to request the following information:

**QUESTIONS:**

**Types of services offering problematic sexual addiction;**

- 1. Number and job title of qualified mental health professionals within each service who offer treatment for sexual addiction;**
- 2. Number of sexual addiction specialists within the Trust;**
- 3. Lowest age limit for referral to service.**

**We would also like to gather specific referral data for any individuals that had been referred for treatment of a sexual addiction problem within the trust as follows:**

**Number of referrals where sexual addiction was the primary reason for referral;**

- 4. Age of referrals;**
- 5. Gender of referrals;**
- 6. Type of treatment offered;**
- 7. How many attended first appointment;**
- 8. How many never attended;**
- 9. How many completed treatment;**
- 10. How many dropped out of treatment part way through;**
- 11. How many were still in treatment.**

**ANSWER:**

We have no specific service in the Trust who specialise in this. However, we would sometimes offer a generic service to this client group where clinically indicated.

**Please Note:** ICD-11 does not come into use until January 2022. We could not find any classification code for sexual addiction in the books or online. The closest we can find is F52.7 – excessive sexual drive.

The ICD-10, includes "excessive sexual drive" as a diagnosis (code F52.7), subdividing it into satyriasis (for males) and nymphomania (for females).

However, the ICD categorizes these diagnoses as compulsive behaviours or impulse control disorders and not addiction.

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

*Sue Smith*

**Sue Smith  
Information Rights Officer**

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

