

4 March 2021

Information Rights & Compliance Team
99 Waverley Road
St Albans
Hertfordshire
AL3 5TL

Tel: 01727 804954
Email: Hpft.foi@nhs.net

Our Ref: FOI/03677

Thank you for your request concerning ECT.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

As part of a national review of ECT delivery within mental health services, we would like the following information regarding the delivery of ECT within the Trust. Please note that it is our intention to collate and publish responses to this FOI request.

- 1. Please send us a copy of the information leaflet given to patients about safety and efficacy of ECT being used on June 1 2020.**

Please see attached our ECT Information Leaflet.

- 2. How many patients in total received ECT in 2019?**

60.

- 3. How many of these were female?**

39.

- 4. How many of these were over 60?**

28.

- 5. How many of these were under 18?**

0.

- 6. How many patients received ECT without receiving a N.I.C.E. recommended psychological therapy?**

The purpose of the Freedom of Information is to provide public access to information held by public authorities. It does this in two ways: public authorities are obliged to publish certain information about their activities and members of the public are entitled to request information from public authorities.

In this instance the information you are requesting is not held in a reportable format.

In order for us to provide this information would involve us manually going through 60 service users records and we do not believe reading through individuals medical records for the purpose of a FOI request would be in line with the GDPR Data Protection Principles or the Caldicott Principles.



Therefore we have applied exemption S12 - Cost of compliance exceeds the appropriate limit. It is estimated that it would take 30 minutes to scrutinise each record to establish if the patient received ECT without receiving a N.I.C.E recommendation i.e. 30 hours @ £25 = £750.00

7. What measures of clinical outcome were used for patients who received ECT and what were the results?

Please see attached the Cognitive Global Impression (CGI) and Montgomery - Asberg Depression Rating Scale (MADRS) used.

We are unable to provide you with individual results – please see the explanation given under question 6. It is estimated that it would take a further 20 minutes to locate individual results i.e. 20 hours @ £25 = £600.00.

8. What measures of adverse effects for patients who received ECT were used, and what were the results?

Please see attached our Post ECT checklist and the Mini Mental State Examination (MMSE).

Post ECT Reviews are conducted after each treatment and the patient is monitored after a course of treatment, 3-4 day, and monthly for 3 months.

We are unable to provide you with individual results – please see the explanation given under question 6. It is estimated that it would take a further 20 minutes to locate individual results i.e. 20 hours @ £25 = £600.00.

9. How many patients were given ECT without consent?

0.

There are two consent forms. Consent form 1 for the patient who has capacity and Consent form 4 which is given in best interests by the nearest relative or prescribing psychiatrist.

See Pages 30 – 46 of the Consent to Examination, Care and Treatment policy

Please see attached our Consent to Capacity V7 Policy.

10. Which professions did the SOAD consult for patients who did not consent?

Nursing, Occupational therapy.

Should you require further clarification or like to discuss the payment of £1,950 then please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

Sue Smith

**Sue Smith
Information Rights Officer**

Enc: Copyright Protection and Complaints Procedure Information Leaflet and 7 attachments.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

