



<b>DATE</b>						
<p><b>6. Concentration Difficulties</b> - Representing difficulties in collecting one's thoughts amounting to incapacitating lack of concentration. <i>Rate according to intensity, frequency, and degree of incapacity produced.</i></p> <p>0 No difficulties in concentrating. 1 2 Occasional difficulties in collecting one's thoughts. 3 4 Difficulties in concentrating and sustaining thought which reduces ability to read or hold a conversation. 5 6 Unable to read or converse without great difficulty.</p>						
<p><b>7. Lassitude</b> - Representing a difficulty getting started or slowness initiating and performing everyday activities.</p> <p>0 Hardly any difficulty in getting started. No sluggishness. 1 2 Difficulties in starting activities. 3 4 Difficulties in starting simple routine activities which are carried out with effort. 5 6 Complete lassitude. Unable to do anything without help.</p>						
<p><b>8. Inability to feel</b> - Representing the subjective experience of reduced interest in the surroundings, or activities that normally give pleasure. The ability to react with adequate emotion to circumstances or people is reduced.</p> <p>0 Normal interest in the surroundings and in other people. 1 2 Reduced ability to enjoy usual interests. 3 4 Loss of interest in the surroundings. Loss of feelings or friends and acquaintances. 5 6 The experience of being emotionally paralysed, inability to feel anger, grief or pleasure and a complete or even painful failure to feel for close relatives and friends.</p>						
<p><b>9. Pessimistic thoughts</b> - Representing thoughts of guilt, inferiority, self-reproach, sinfulness, remorse and ruin.</p> <p>0 No pessimistic thoughts. 1 2 Fluctuating ideas of failure, self-reproach or self-depreciation. 3 4 Persistent self-accusations, or definite but still rational ideas of guilt or sin. Increasingly pessimistic about the future. 5 6 Delusions of ruin, remorse or unredeemable sin. Self-accusations which are absurd and unshakable.</p>						
<p><b>10. Suicidal thoughts</b> - Representing the feeling that life is not worth living, that a natural death would be welcome, suicidal thoughts, and preparations for suicide. Suicidal attempts should not in themselves influence the rating.</p> <p>0 Enjoys life or takes it as it comes. 1 2 Weary of life. Only fleeting suicidal thoughts. 3 4 Probably better off dead. Suicidal thoughts are common, and suicide is considered as a possible solution, but without specific plans or intention. 5 6 Explicit plans for suicide when there is an opportunity. Active preparation for suicide.</p>						
<b>SCORE</b>						