

COVID-19 Guidance for people going on leave or being discharged from wards

To Protect Yourself and Others, When You Leave, please ensure that you:

HELP CONTROL THE VIRUS



**WASH YOUR
HANDS**



**COVER YOUR
FACE**



**MAINTAIN YOUR
SPACE**

The Government have introduced a four-step roadmap outlining a route back to a more normal life. As part of Step 3 of the roadmap restrictions will continue to lift from the 17 May 2021.

MEETING OTHERS OUTDOORS

- Most legal restrictions on meeting others have been lifted, although gatherings of over 30 people will remain illegal.

MEETING OTHERS INDOORS

- Indoors, the Rule of 6 or 2 households will apply, this means that you can meet up indoors with friends and family you do not live with, either in a group of up to 6 from any number of households (children of all ages count towards the limit of 6) or in a group of any size from up to two households (each household can include an existing support bubble, if eligible)

New guidance on meeting friends and family emphasises personal responsibility rather than government rules. Instead of instructing you to stay 2m apart from anyone you don't live with, you are encouraged to exercise caution and consider the guidance on risks associated with COVID-19 and actions you can take to help keep you and your loved ones safe.

OTHER RESTRICTIONS BEING LIFTED

- Indoor entertainment and attractions such as cinemas, theatres, concert halls, bowling alleys, casinos, amusement arcades, museums and children's indoor play areas will open with COVID-secure measures in place.
- People can attend indoor and outdoor events, including live performances, sporting events and business events. Attendance at these events is capped according to venue type, and attendees should follow the COVID-secure measures set out by those venues.
- Indoor hospitality venues will reopen.
- Organised indoor sport can take place for all. This includes gym classes.

- All holiday accommodation will reopen, including hotels and B&Bs. This can be used by groups of up to 6 or 2 households (each household can include a support bubble, if eligible).
- Funeral attendance is no longer be limited to 30 people, but will be determined by how many people the COVID-secure venue can safely accommodate with social distancing. Limits at weddings, wakes and other commemorative events have been increased to 30 people. Other significant life events, such as bar/bat mitzvahs and christenings, will also be able to take place with 30 people.
- The rules for care home residents visiting out and receiving visitors have changed, allowing up to five named visitors (two at any one time), provided visitors test negative for COVID-19.
- There is no longer a legal restriction or permitted reason required to travel internationally. A traffic light system for international travel has been introduced, and you must follow the rules when returning to England depending on whether you return from a red, amber or green list country.

FACE COVERINGS

You must wear a face covering in many indoor settings, such as shops and places of worship, and on public transport, unless you are exempt or have a reasonable excuse. This is the law.

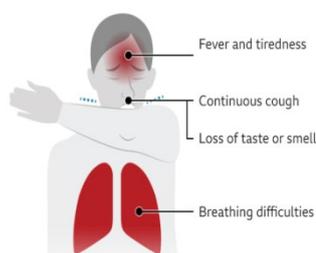
IF YOU HAVE BEEN VACCINATED AGAINST COVID-19

To help protect yourself and your friends, family, and community you should continue to follow all of the guidance on this page even if you've been vaccinated against COVID-19

If you are being discharged from the ward please access the .GOV Website for further advice and guidance on the four-step roadmap.

<https://www.gov.uk/guidance/covid-19-coronavirus-restrictions-what-you-can-and-cannot-do#may-whats-changed>

WHILST ON LEAVE, IF YOU DEVELOP ANY OF THE FOLLOWING CORONAVIRUS SYMPTOMS



PHONE 111 FOR ADVICE

AND

CONTACT THE WARD

If you have developed any of these coronavirus symptoms, please phone the ward before returning, to gain advice on how best we can support you whilst also protecting the other service users on the ward.

On return to ward you may be asked to isolate and be re-swabbed.