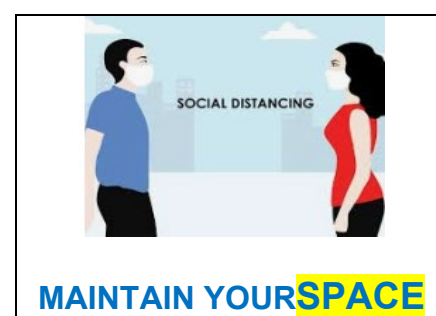
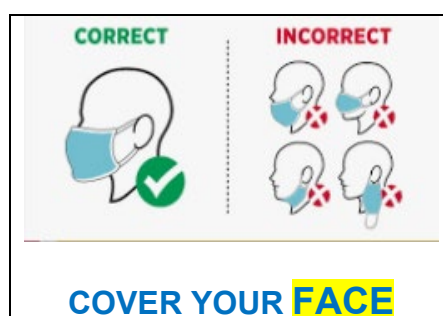


COVID-19 Guidance for people going on leave or being discharged from wards

To Protect Yourself and Others, When You Leave, please ensure that you:
HELP CONTROL THE VIRUS



On the 19 July 2021, England moves to Step 4 of the Government Roadmap

While cases are high and rising, everybody needs to continue to act carefully and remain cautious. This is why the government has agreed to keep in place key protections at step 4 from 19 July 2021.

Please find the key protections outlined below:

- Testing when you have symptoms and targeted asymptomatic testing in education, high risk workplaces and to help people manage their personal risk.
- Isolating when positive or when contacted by NHS Test and Trace.
- Border quarantine: for all arriving from red list countries and for those people not fully vaccinated arriving from amber list countries.

Cautious guidance for individuals, businesses and the vulnerable whilst prevalence is high including:

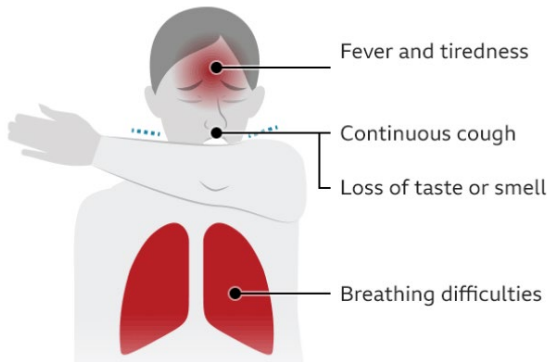
- The government expects and recommends that people wear face coverings in crowded areas such as public transport.
- Meet outside or let fresh air in
- Minimising the number, proximity and duration of social contacts.
- Encouraging and supporting businesses and large events to use the NHS COVID Pass in high risk settings. The Government will work with organisations where people are likely to be in close proximity to others outside their household to encourage the use of this.

Trust guidance on wearing face masks has not changed, and the advice continues to promote the use of face masks on HPFT premises.

If you are being discharged from the ward please access the .GOV Website for information on areas which have been identified by the government where the Delta COVID-19 variant is spreading, and for further information on the changes from the 19 July 2021.

<https://www.gov.uk/guidance/covid-19-coronavirus-restrictions-what-you-can-and-cannot-do#england-moves-to-step-4-from-19-july>

WHILST ON LEAVE, IF YOU DEVELOP ANY OF THE FOLLOWING CORONAVIRUS SYMPTOMS



**PHONE 111 FOR ADVICE
AND
CONTACT THE WARD**

If you have developed any of these coronavirus symptoms, please phone the ward before returning, to gain advice on how best we can support you whilst also protecting the other service users on the ward.

On return to ward you will be asked to isolate and be re-swabbed.