

4 August 2021

Information Rights & Compliance Team  
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Our Ref: FOI/03863

Thank you for your request concerning Eating Disorders.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

1. **Between 2018 and 2021 what percent of those referred to your eating disorder service are refused access? (adult and children)**

	Refused Access
CAMHS	The Camhs Eating Disorder Team does not refuse access to anyone who has a primary presentation of anorexia, bulimia or binge eating disorder, regardless of the level of severity. We triage referrals and if the primary presentation is not an eating disorder (for example depression with associated poor appetite) they will be signposted to a more appropriate service. We do not keep specific data for the referrals we have not accepted due to the primary presentation not being an eating disorder and the referral being signposted to a more appropriate service.
Adult	The Eating Disorder Team does not refuse access to anyone who has a primary presentation of anorexia, bulimia or binge eating disorder, regardless of the level of severity. We triage referrals and if the primary presentation is not an eating disorder (for example depression with associated poor appetite) they will be signposted to a more appropriate service. We do not keep specific data for the referrals we have not accepted due to the primary presentation not being an eating disorder and the referral being signposted to a more appropriate service.

2. **Between 2018 and 2021 what level of severity of illness are you commissioned to treat in eating disorder services for adults and children? E.g. can treat severe eating disorders, not very severe/moderate**

	Level of Severity
CAMHS	All levels of severity are treated
Adult	Moderate to Severe

3. **Between 2018 and 2021 was your admission policy for children's eating disorder services based on a patient's BMI, or other factors (such as amount of purging? Their demographic)?**

	Admission Policy based on BMI or Other
CAMHS	Other

4. **Between 2018 and 2021 was your admission policy for adult's eating disorder services based on a patient's BMI, or other factors (such as amount of purging? Their demographic)?**

	<b>Admission Policy based on BMI or Other</b>
Adult	<ul style="list-style-type: none"> <li>Admission policy based on meeting diagnostic criteria for anorexia nervosa, bulimia nervosa, binge eating disorder, and atypical ED presentations. If unclear we will assess.</li> <li>Only for adults with a Herts GP.</li> <li>BMI and purging/weight loss are considered as part of the above</li> </ul>

5. **Currently how long is your waiting list (priority and normal) for adult patients to access eating disorder treatment? (as of September 2020-Jan 2021)**

	<b>Waiting List for September to January 2021</b>
Adult	20 days

6. **Currently how long is your waiting list (priority and normal) for children patients to access eating disorder treatment? (as of September 2020 - Jan 2021)**

	<b>Waiting List for September to January 2021</b>
Children	13 days

7. **In your trust how many people have made appointments at CAMHS in the last 8 weeks to discuss an eating disorder?**

We do not just offer appointments to discuss an eating disorder such as a drop in session but what we do offer is a robust assessment for those young people that meet the teams criteria.

The CAMHS Eating Disorder Team assessed 50 new young people during the 8 weeks from December 1st 2020.

8. **In your trust how many people have made appointments for adult services in the last 8 weeks to discuss an eating disorder?**

Through December and January there were 123 people making appointments

9. **Between 2018 and 2021 what was your rate of relapse for CAMHS eating disorder services i.e. what percentage of your patients who are discharged from treatment return and are readmitted?**

	<b>Between 2018 and 2021</b>
CAMHS Rate of Relapse %	14.98%

10. **Between 2018 and 2021 what was your rate of relapse for adult eating disorder services i.e. what percentage of your patients who are discharged from treatment return and are readmitted?**

	<b>Between 2018 and 2021</b>
Adult Rate of Relapse %	11.23%

11. **Between 2018 and 2021 what percentage of your patients who access treatment for adult eating disorder services are male?**

	<b>Between 2018 and 2021</b>
% of Adult Males	11.20%

12. **Between 2018 and 2021 what percentage of your patients who access treatment for CAMHS eating disorder services are male?**

	<b>Between 2018 and 2021</b>
% of CAMHS Males	8.96%

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

*Sue Smith*

**Sue Smith  
Information Rights Officer**

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

