

4 August 2021

Information Rights & Compliance Team
99 Waverley Road
St Albans
Hertfordshire
AL3 5TL

Tel: 01727 804954
Email: Hpkt.foi@nhs.net

Our Ref: FOI/03959

Thank you for your request concerning BPD Therapy Waiting Times.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

- 1. What are the current waiting times in Hertfordshire for patients diagnosed with Borderline Personality Disorder (BPD) to receive talking therapies on the NHS?**
- 2. To be more specific, I am requesting the data you have on what number/percentage of patients with BPD have waited different amounts of time for talking therapies between 2019-2021 (e.g. how many have waited over 3 months, over 6 months, over 1 year, over 1.5 years etc.) The data you hold which is closest to this would be preferable.**
- 3. Also, by talking therapies, I mean Dialectical Behavioural Therapy (DBT) and Cognitive Behavioural Therapy (CBT). Whether you choose to provide data on these together or separately is your choice.**

The purpose of the Freedom of Information is to provide public access to information held by public authorities. It does this in two ways: public authorities are obliged to publish certain information about their activities and members of the public are entitled to request information from public authorities.

In this instance the information you are requesting is not held in a reportable format.

In order for us to provide this information would involve us manually going through every referral received in 2019/20 to establish service users with a BPD diagnosis and then cross reference against talking therapies. In 2019/20 we received 35,387 Adult Mental Health referrals.

Therefore we have applied exemption S12 - Cost of compliance exceeds the appropriate limit.

It is estimated that it would take 10 minutes to scrutinise each record to establish diagnosis and treatment or talking therapy the patient received i.e. 5,897.83 hours @ £25 = £147,445.83

Should you require further clarification or like to discuss payment, please do not hesitate to contact me.



Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

Sue Smith

Sue Smith
Information Rights Officer

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

