

20 August 2021

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Our Ref: FOI/03671

Thank you for your request concerning CAMHS Eating Disorders.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

**1) Please can you provide me with a list of the number of children who have been treated for eating disorders within the following years 2010 and 2019 and 2020 (so far). To clarify my request, I require the following:**

- **By children, I mean those under the age of 18. Please can you break down my request into the following age categories: - 0-2; 3-5 6-7; 8-9; 10; 11; 12; 13; 14; 15; 16; 17-18**
- **I would like to make it clear that I am not asking for personal information, merely the number of patients who have been treated for eating disorders in each age bracket. To clarify further, by eating disorders, I mean anorexia, bulimia or similar problems.**
- **I would ask that the figures be separately listed for the following time brackets 2010 and 2019 and 2020 (so far).**

Please note: we are unable to provide data for 2010. This is because we changed our Electronic Patient Recording system in 2013 and we are unable to reliably report on referrals received before this date as differences in the systems would not give a true reflection of the referrals received.

Age	2019	2020	2021 : Up to June
Age 0 - 5	0	0	0
Age 6 - 12	33	32	19
Age 13	22	49	31
Age 14	32	70	43
Age 15	49	74	54
Age 16	44	77	46
Age 17-18	55	58	42
<b>Total</b>	<b>235</b>	<b>360</b>	<b>235</b>

Under Section 16 – Duty to provide advice and assistance we have amalgamated the age categories of 6 to 12 due to the low numbers. This is because entries of 5 or less are considered sufficiently small enough to be potentially identifiable data and would have been exempt from publication under Section 40(2).

- 2) What is the a) average b) longest wait that a patient has had for their first session of treatment using the years above? For b, if possible, can you outline the reasons and the year please. 2A) Can you tell me how many patients waited more than 6 months and a year for their treatment during the years 2010 and 2019 and 2020 (so far).

Wait Times for First Assessment Contact		
Year	Average Wait (Days)	Max Wait (Days)
2019	11	43*
2020	11	43*
2021 up to June	33	122

\*CAVEAT: Appointments were offered earlier but service user did not attend.

**Please Note:** Due to the extremely high rate of referrals received in 2021 a waiting list is currently in operation.

- 3) What was the average number of sessions received by patients in 2010 and 2019 and 2020 (so far). broken down by the following diagnoses: anorexia nervosa, bulimia nervosa, BED and OSFED?

Average Sessions Per Service User	
Year	Average Sessions
2019	14
2020	8
2021 up to June	9

We are unable to provide the breakdown into a specific diagnosis because a diagnosis is not always given or recorded for a child.

- 4) What was your budget for eating disorders for each of the years above?

We are unable to provide you with the budget specifically for the eating disorder team as this is all part of our CAMHS service.

- 5) What was spent on average per patient over each of those years? Can you break it down year on year please?

Please see answer to question 4. It is not possible to provide you with this level of breakdown as this does not form part of the Trust's national, contractual or local reporting; we report by direct costs of the service. The full cost of treating an eating disorder would be depended on need and treatment and would also include overheads which are not specific to the clinical treatment.

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

*Sue Smith*

**Sue Smith**  
**Information Rights Officer**

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

