

8 September 2021

Information Rights & Compliance Team  
99 Waverley Road  
St Albans  
Hertfordshire  
AL3 5TL

Tel: 01727 804954  
Email: [Hpft.foi@nhs.net](mailto:Hpft.foi@nhs.net)

Our Ref: FOI/03963

Thank you for your request concerning CAMHS Referrals.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

- 1. The total number of CAMHS referrals closed before treatment began from April 1st 2020 – March 31st 2021 (or the nearest possible date).**

794

- 2. The percentage of CAMHS referrals closed before treatment began from April 1st 2020 – March 31st 2021 (or the nearest possible date).**

16.76%

- 3. A breakdown of reasons why these referrals were closed before treatment began from April 1st 2020 – March 31st 2021 (or the nearest possible date).**

Discharge Reason	Referrals Closed Before Treatment Start
Assessment Complete	136
Discharged By Triage - No Further Action	13
Finished Against Professional Advice	12
Service User Ceased to Attend Appointments	69
Finished On Professional Advice	70
Not Appropriate	129
Not Eligible	27
Patient Moved Out Of Area	17
Transfer To Adult MH Service	7
Transfer To Other Health Provider	30
Not Recorded	284

4. Broken down by reasons for referral\*, the percentage of cases closed before treatment

<b>% of Referrals Closed Before Treatment Started By Referral Reason</b>	<b>%</b>
ADHD - Diagnostic Referral	38.89%
Adjustment To Health Issues	33.33%
Anxiety	16.96%
Attachment Difficulties	14.29%
Bi Polar Disorder	100.00%
Conduct Disorders	14.53%
Depression	17.58%
Diagnosed Autism Spectrum Disorder	26.79%
Drug & Alcohol Difficulties	10.00%
Eating Disorders	19.37%
FEP (Suspected)	6.67%
Gender Discomfort Issues	27.27%
In Crisis	15.57%
Neurodevelop Condition Not Autism	22.61%
Neurodevelopmental Conditions	25.00%
OCD	17.07%
Organic Brain Disorder	100.00%
Personality Disorders	36.36%
Post-Traumatic Stress Disorder	12.82%
Psychosis - Ongoing/Recurrent	12.50%
Relationship Difficulties	9.26%
Self Harm Behaviours	13.29%
Self-Care Issues	50.00%
Suspect Autism Spectrum Disorder	20.00%
Unexplained Physical Symptoms	41.67%

5. Broken down by reasons for referral\*, the average wait time for treatment to begin following referral.

\*Examples of reasons for referrals (not exclusive):

Anxiety, attention behaviour pathway, autism, depression, eating disorders, obsessive compulsive disorder and body dysmorphic disorder, PTSD, psychosis, self harm, disorders inclusive of toruetes.

<b>Average Wait From Referral to Treatment By Referral Reason</b>	<b>Days</b>
ADHD - Diagnostic Referral	50
Adjustment To Health Issues	39
Anxiety	22
Attachment Difficulties	16
Behaviour	192
Conduct Disorders	17
CTO Recall	0
Depression	18
Diagnosed Autism Spectrum Disorder	32
Drug & Alcohol Difficulties	4
Eating Disorders	15
FEP (Suspected)	15
Gender Discomfort Issues	28



In Crisis	2
Neurodevelop Condition Not Autism	121
Neurodevelopmental Conditions	6
OCD	35
Perinatal Mental Health Conditions	7
Personality Disorders	9
Phobias	24
Post-Traumatic Stress Disorder	38
Psychosis - Ongoing/Recurrent	7
Relationship Difficulties	17
Self Harm Behaviours	14
Self-Care Issues	0
Suspect Autism Spectrum Disorder	71
Unexplained Physical Symptoms	2

**6. The top 10 longest waits for treatment, including how long they've waited and reason for referral.**

<b>Top 10 Longest Waits From Referral to Treatment</b>	<b>Days</b>
Neurodevelop Condition Not Autism	462
Neurodevelop Condition Not Autism	446
Neurodevelop Condition Not Autism	442
Anxiety	438
Neurodevelop Condition Not Autism	415
OCD	407
Neurodevelop Condition Not Autism	406
Neurodevelop Condition Not Autism	404
Neurodevelop Condition Not Autism	403
Neurodevelop Condition Not Autism	401

**Caveat:** Across Hertfordshire, there is currently a significant wait for CAMHS ADHD assessments. We are working with our commissioners and partners to improve the situation for local families. Most of the waits over the 18 weeks period are for ADHD cases rather than generic CAMHS cases.

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

*Sue Smith*

**Sue Smith**  
**Information Rights Officer**

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

