

11 November 2021

Information Rights & Compliance Team
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Our Ref: FOI/04056

Thank you for your request concerning Internet-Enabled CBT.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

I would like to get more detailed information on your usage of online cognitive behavioural therapy platforms and thus request the following information at NHS CCG level:

- 1. Do you have a provider of Internet-enabled Cognitive Behavioural Therapy (iCBT)? If not, are you planning to choose one in the future and when do you plan to tender for the service?**

Yes

- 2. Which digital system do you use to deliver Internet-enabled Cognitive Behavioural Therapy (iCBT) also known as Computerised CBT, Online CBT? (e.g., IESO, Silvercloud, Kooth)**

Softcat / Silvercloud

- 3. How is the iCBT solution usually procured (e.g. tender, spot purchase, etc.)?**

This is procured through a framework called Health Trust Europe

- 4. How is iCBT provided in your region (e.g., procured by CCG/ ICS and then available to individual GP practices, procured by individual GP practices, procured by NHS mental health trusts, etc.)?**

We procure iCBT as a provider organisation.

- 5. Who is in charge of making the procurement decisions for iCBT software? (e.g., commissioners, clinical lead, NHS partners)**

Our [Financial Director](#) has ultimate responsibility.

6. **When did the on-going contract for the used iCBT software start?**

18/05/2021

7. **When will the on-going contract for the used iCBT software end?**

31/02/2022

8. **How frequent are contracts for iCBT software renewed?**

Annually

9. **How are you paying for the usage of the iCBT software (e.g. on-off payment, recurring annual payments, payment by volumes delivered, etc.)?**

Annual payments

10. **In case there was an on-off payment - How much did you pay for the iCBT software?**

Not applicable.

11. **In case there are recurring payments - How much do you pay per year for the iCBT software?**

| | Annual Subscription |
|---------|---------------------|
| 2020/21 | 89,750 |
| 2021/22 | 47,941 |

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

Sue Smith

**Sue Smith
Information Rights Officer**

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

