

18 May 2022

Information Rights & Compliance Team
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Our Ref: FOI/04316

Thank you for your request concerning weight management.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

- 1. Do you offer a service or program which:**
 - aims to increase exercise levels,
 - improve eating habits or reduce weight, and
 - is aimed at patients with mental illness or learning disability, inpatients or outpatients

We have some funding this year to run the attached programme from Watford Community Sports and Education Trust. This is being delivered in one of our Learning Disabilities Forensic units.

Other work is based on individuals identified therapy goals and outcomes delivered by physio OT and their support staff.

- 2. If yes, we would like to see:**

Referral criteria

Please see attached referral.

- 3. Any documents related to the treatment pathway or services offered by this program.**

Please see attached the Shape Up Registration form.

- 4. The number of patients who have accessed this program since 2017**

Current numbers are not available because this information is not held in a reportable format. To provide the number of service users accessing this programme would involve going through every single user's electronic patient record to extract this data from individual's care plans.

- 5. If yes, are any doctors involved in the delivery of this program?**

No.

Should you require further clarification, please do not hesitate to contact me.



Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

Sue Smith

Sue Smith
Information Rights Officer

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

