16th Annual Hertfordshire Recovery Conference

Challenges and Opportunities in Uncertain Times

Thursday 13th October 2022

This year our programme has been put together to reflect the uncertainty of the times we are living in *and* highlight the opportunities that are available to us even in these difficult circumstances.

As always there will be lots of variety on offer, with an emphasis on lived experience of many and different kinds. There will be threads of meaning around difference, neurodiversity, developments in healthcare systems, and the concept of belonging.

Challenges and Opportunities in Uncertain Times

10.00 Welcome – Andrew Nicholls and Aidan Hannan (Expert by Experience)

10.05 An opening conversation between Jeremiah Osei-Tutu (Expert by Experience) and Karen Taylor (CEO, Hertfordshire Partnership Foundation Trust)

10.15 A brief poem from Malakhai Antoine – written by Malakhai Antoine & Zoe Anderson

10.15 Intersectionality and The Value of Difference – Dr Kuljit Bhogal (Consultant Psychiatrist)

10.40 Positive Risk Taking – Prof. Shula Ramon (University of Herts)

11.05 Neurodiversity – Karen Hannan

11.35 Break

11.40 Empowerment for Carers – Sarah Williams (Carers in Hertfordshire), Jo Clack (Rethink) with Julie Atcheler & Gillian Talbot (Carers)

12.10 Homes for Hope – Dr Yael Eden Baruch, an inspiring project from Israel

12.40 Lunch

13.10 Trauma-Informed Care – Dawn Pritchard (Advanced Lived Experience KUF Development Lead) and Dr Sharon Ackers (Consultant Clinical Psychologist)

13.25 Community Services Transformation – Louis Sanford (Programme Manager, Hertfordshire Mental Health, Learning Disability and Autism Collaborative)

13.40 Peer Support Worker Programme (Viewpoint) – Prab Seyan and colleagues (Peer Support Co-ordinator, HPFT)

14.05 Carers and Forensic Services – Towards Carers' Peer Support – Karen Machin

14.30 Break

14.35 Remodelling Occupational Therapy Services in the Crisis Care Pathway – Alice Hart and Mia Resnick (Specialist Occupational Therapists, HPFT)

15.00 The Complex Needs Service – Lucy Hornsby (Complex Needs Service)

15.15 Millie – My Recovery and Assistance Dogs – Millie G (Expert by Experience)

15.30 The Watford Common Sense Group – Richard Allen (Spiritual Care Manager, HPFT), Alexandra Hunter (Head of Peer Support, Training and Therapies, Herts Mind Network), Dr Giovanni Borghini (Consultant Psychiatrist) & Dr Pino Pini (Consultant Psychiatrist)

15.45 My Story – Lucy Johnson (Expert by Experience)

16.00 Closing Reflections from the conference