

28 March 2023

Information Rights & Compliance Team  
99 Waverley Road  
St Albans  
Hertfordshire  
AL3 5TL

Tel: 01727 804954  
Email: [Hpkt.foi@nhs.net](mailto:Hpkt.foi@nhs.net)

Our Ref: FOI/04538

Thank you for your request concerning Eating Disorders Services.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

**I am writing to you under the Freedom of Information Act 2000 to request the following information from the community mental health service(s) of your trust. Please may you provide me with the following information:**

**A. Adult eating disorders services:**

- 1. Does your Trust provide a service to adults with anorexia nervosa or bulimia nervosa?  
YES/ NO (if No please proceed to section B)**

Yes

- 2. How many adults with anorexia nervosa or bulimia nervosa were on the Trust caseload at 31st March 2022?**

430

- 3. How many adults with anorexia nervosa or bulimia nervosa were referred to the service over the 1 year period (1st April 21- 31st March 22)?**

643

- 4. How many registered dietitians (in WTE/ FTE) were working exclusively with this caseload to adults with anorexia nervosa or bulimia nervosa at 31st March 2022?**

0.7 with 0.6 vacancy

- 5. What percentage of adults with anorexia nervosa or bulimia nervosa received into the service were seen by a dietitian over the 1 year period (1st April 21- 31st March 22)?**

This information is not recorded<sup>1</sup>. Our dietitian offers online psycho-education sessions to anyone with low weight anorexia (under 15 BMI), individual sessions to those who are not gaining weight with their nurse or therapist, she will work with higher risk groups such as people who are

<sup>1</sup> Section 1(1) Any person making a request for information to a public authority is entitled (a) to be informed in writing by the public authority whether it holds information of the description specified in the request, and (b) if that is the case, to have that information communicated to him.

pregnant and have diabetes. She is less involved with those with bulimia unless there is a relevant comorbidity

**B. Adolescent/ child eating disorder services**

6. **Does your Trust provide a service to adolescents/ children with anorexia nervosa or bulimia nervosa? YES/ NO (If No, no further responses are required)**

Yes

7. **How many adolescents/ children with anorexia nervosa or bulimia nervosa were on the Trust caseload at 31st March 2022?**

129

8. **How many adolescents/ children with anorexia nervosa or bulimia nervosa were referred to the service over the 1 year period (1st April 21- 31st March 22)?**

84

9. **How many registered dietitians (in WTE/ FTE) were working exclusively with this caseload to adolescents/ children with anorexia nervosa or bulimia nervosa at 31st March 2022?**

As of 31 March 2022 we have one dietitian working jointly with the CAMHS Eating Disorder Team and Forest House Adolescent Unit. (0.8 WTE)

10. **What percentage of adolescents/ children with anorexia nervosa or bulimia nervosa received into the service were seen by a dietitian over the 1 year period (1st April 21- 31st March 22)?**

We are unable to provide you with the percentage of service users with anorexia nervosa or bulimia nervosa seen by the dietitian over a year because this information is not held in a reportable format.

In addition, our part time dietitian left in July 2021; although we have since recruited again in May 2022.

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

*Sue Smith*

**Sue Smith  
Information Rights Officer**

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

