

28 March 2023

Information Rights & Compliance Team
99 Waverley Road
St Albans
Hertfordshire
AL3 5TL

Tel: 01727 804227
Email: Hpkt.foi@nhs.net

Our Ref: FOI/04616

Thank you for your request concerning inpatients with eating disorders.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

This request relates to inpatient admissions to your trust with a primary or secondary diagnosis of an eating disorder (please include all eating disorders - i.e. ICD10 code F50 - Eating Disorders).

1. **Please state the number of inpatients with an eating disorder diagnosis that were discharged from your trust in:**
 - a. 2018
 - b. 2019
 - c. 2020
 - d. 2021
 - e. 2022
 - f. Total (1 Jan 2018 to 31 Dec 2022)

Calendar Year	Number of Discharges from our Inpatient Units with either a primary or secondary Eating Disorders Diagnosis
2018	84
2019	76
2020	78
2021	61
2022	53
Total	352

2. **Please break down the early totals above by patient BMI at time of discharge in the following categories:**
 - i. BMI > 18.5
 - ii. BMI 17-18.5
 - iii. BMI 16-16.99
 - iv. BMI 15-15.99
 - v. BMI <15kg

This information is not held in a reportable manner. To provide this information would involve scrutinizing the 352 service users records for the data. This would exceed the appropriate limit and therefore under the terms of Section 12 of the Act, we are not obliged to comply.

At a conservative estimate of 15 mins per record, this would equate to a minimum of 88 hours work.

Therefore we have applied exemption S12 - Cost of compliance exceeds the appropriate limit.¹

In addition, we do not believe reading through individuals medical records for the purpose of a FOI request would be in line with the GDPR Data Protection Principles or the Caldicott Principles.

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

Sue Smith

Sue Smith
Information Rights Officer

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).



¹ Section 12 - Cost of compliance exceeds the appropriate limit