

15 August 2023

Information Rights & Compliance Team
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Our Ref: FOI/04760

Thank you for your request concerning drug & alcohol therapies in IAPT.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

- In each of the following financial years, how many individuals were referred to IAPT/NHS Talking Therapies by drug and alcohol services?**

2018-19	2019-20	2020-21	2021-22	2022-23	TOTAL
5 or less	5 or less	7	5 or less	5 or less	19

The Trust considers that entries of 5 or less are sufficiently small enough to be potentially identifiable personal data. On this basis, this information is exempt from the duty to publish (Section 40 (2) FOI Act 2000)¹.

- How many of those in question 1 were a) accepted and b) declined for support from IAPT/NHS Talking Therapies? Please break the information down by the following financial years.**

	2018-19	2019-20	2020-21	2021-22	2022-23	TOTAL
Accepted	5 or less	5 or less	6	5 or less	5 or less	14
Declined	0	5 or less	5 or less	5 or less	5 or less	5 or less
Other	Not recorded	Not recorded	Not recorded	Not recorded	Not recorded	

Please provide a figure for c) other, where relevant. For example, if the individual was referred but didn't engage further with your service and was therefore neither accepted nor declined.

- In each of the following financial years, how many individuals with known drug and/or alcohol issues or dependence were referred to IAPT/NHS Talking Therapies by a GP?**

2018-19	2019-20	2020-21	2021-22	2022-23	TOTAL
19	5 or less	11	6	5 or less	44

Where required for data collection, please take 'drug and/or alcohol issues or dependence' to mean the ICD10 codes F10-F19 inclusive.

¹ Section 40(2) - Personal Data has been applied. This is because by releasing this information could identify individual(s) and constitute a breach of the Data Protection Act (2018).

If data for the number referred 'by a GP' is not available, please provide the number referred from primary care.

4. How many of those in question 3 were a) accepted and b) declined for support from IAPT/NHS Talking Therapies? Please break the information down by the following financial years.

	2018-19	2019-20	2020-21	2021-22	2022-23	TOTAL
Accepted	16	5 or less	11	6	5 or less	40
Declined	5 or less	5 or less	0	0	0	5 or Less

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

Sue Smith

Sue Smith
Information Rights Officer

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

