

20 December 2023

Information Rights & Compliance Team
99 Waverley Road
St Albans
Hertfordshire
AL3 5TL

Tel: 01727 804227
Email: Hpft.foi@nhs.net

Our Ref: FOI/04857

Thank you for your request concerning eating disorders.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

I'd also like that information for the following years: Aug 2018, Aug 2019, Aug 2020, Aug 2021 and Aug 2022.

1. **Number of adults currently waiting for specialist treatment of an eating disorder in your trust as of August 2023.**

Aug 18	Aug 19	Aug 20	Aug 21	Aug 22	Aug 23
Number of Adults currently waiting for treatment of an Eating Disorder					
10	37	35	65	52	56

2. **Number of children and young people currently waiting for specialist treatment of an eating disorder in your trust as of August 2023.**

Aug 18	Aug 19	Aug 20	Aug 21	Aug 22	Aug 23
Number of CYP currently waiting for treatment of an Eating Disorder					
5 or less	5 or less	5 or less	113	76	6

Due to small numbers of children waiting for specialist treatment we have applied Exemption Section 40(2)¹. This is because entries of 5 or less are considered sufficiently small enough to be potentially identifiable data. On this basis, this information is exempt from the duty to publish.

3. **Average waiting time in weeks for adults referred to specialist treatment for an eating disorder from assessment to the start of treatment as of August 2023.**

Aug 18	Aug 19	Aug 20	Aug 21	Aug 22	Aug 23
Average wait time in weeks for Adults referred for an Eating Disorder					
9	4	8	10	16	19

¹ Section 40(2) - Personal Data has been applied. This is because by releasing this information could identify individual(s) and constitute a breach of the Data Protection Act (2018).

4. **Average waiting time in weeks for children and young people referred to specialist treatment for an eating disorder from assessment to the start of treatment as of August 2023.**

Aug 18	Aug 19	Aug 20	Aug 21	Aug 22	Aug 23
Average wait time in weeks for CYP referred for an Eating Disorder					
2	1	0	1	0	0

5. **What is the longest estimated waiting of a current patient as of August 2023?**

Aug 18	Aug 19	Aug 20	Aug 21	Aug 22	Aug 23
Longest wait time in weeks for Adults from Assessment to Start of Treatment					
25	13	24	35	78	63
Longest wait time in weeks for CYP from Assessment to Start of Treatment					
4	3	4	2	3	1

6. **Number of specialist eating disorder staff currently employed by the trust to provide treatment for specialist treatment of eating disorders as of August 2023.**

Aug 18	Aug 19	Aug 20	Aug 21	Aug 22	Aug 23
Number of staff working within the Eating Disorder Teams					
39	45	52	60	70	68

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

Sue Smith

**Sue Smith
Information Rights Officer**

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

