

25 April 2024

Information Rights & Compliance Team
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Our Ref: FOI/05142

Thank you for your request concerning CAMHS Services.

Your request has been considered and processed in accordance with the requirements of the Freedom of Information (FOI) Act 2000.

1. Which CAMHS services are offered? Please list these services.

This information is already in the public domain¹. Please follow this [link](#) to our public website.

2. Do you operate a 0-25 service?

Please follow the link provided under question 1.

3. Can young people self-refer to CAMHS?

Please follow the link provided under question 1.

4. Which of the following non-specialist publicly-funded services for young people's mental health (a) currently exist and/or (b) used to exist within the last decade (please indicate if they currently exist, and if they used to exist if you hold this data):

Please see answer provided under question 5.

	Currently exist	Used to exist
	Yes/No	Yes/No
a) Social prescribing		
b) Bereavement services		
c) Peer support		
d) Mental Health Support Teams		
e) School counsellors, mentors, or pastoral or key support workers		
f) Educational psychologists		
g) Youth groups		
h) Wellbeing cafes or mental health drop-in services		
i) Youth information, advice and counselling services (YIACS) / early support hubs		
j) Advice line for mental health issues		
k) service(s) for LGBTQ+ young people		
l) Targeted service(s) for young people from minority		

¹ Section 21 – Information is available through other means

ethnic / racialised communities		
m) Targeted service(s) for other underserved groups (please list here)		
n) Targeted service(s) for young people on waiting lists for access to NHS mental health services (formerly tier 3)		
o) Art or music therapy		
p) Online support service / app		
q) Occupational therapy		
r) Any other service (please list here)		

5. Do any of the following exist (please answer yes or no and elaborate if necessary)?

	Yes or No
a) A CAMHS or young people's mental health partnership board?	
b) A designated individual or team who coordinates partnership working across services for children and families / settings?	
c) Data-sharing infrastructure to share data across services, for example, schools, social care, youth justice, special educational needs teams, etc.?	
d) Evaluation of young people's outcomes following engagement with services?	
e) A young people's advisory group or official mechanism for young people to feed into service design and improvement?	
f) Is there a single point of access for young people with a mental health concern? Please answer yes or no and elaborate if necessary.	
g) Do you operate a 'no wrong door' approach? Please answer yes or no and elaborate if necessary.	
h) Do young people have to be referred to access a mental health support service? Please answer yes or no and elaborate if necessary.	
i) Are there specific services or approaches to ensure underserved groups of young people can access support e.g. young people from minority ethnic / racialised backgrounds, LGBTQ+ young people, etc.? Please answer yes or no and elaborate if necessary.	

Questions 4 and 5

We are unable to provide you with the answers to these questions and suggest they are re-directed to our CAMHS Commissioners as these are system questions for which we are not accountable.

Under Section 16 – Duty to provide advice and assistance; the purpose of a Freedom of Information Act is to provide recorded information. Requesting “exist and/or used to exist” and “yes or no” answers invalid this request.

Should you require further clarification, please do not hesitate to contact me.

Please find enclosed an information sheet regarding copyright protection and the Trust's complaints procedure in the event that you are not satisfied with the response.

Yours sincerely

Sue Smith

Sue Smith
Information Rights Officer

Enc: Copyright Protection and Complaints Procedure Information Leaflet.

If you would like to complete a short survey in relation to your Freedom of Information request please scan the QR code below or click [here](#).

