

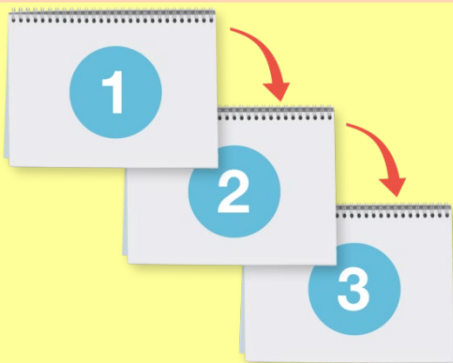
# Visual Schedule

A visual schedule helps to break tasks down into smaller chunks using visuals. It shows the user the small steps required to complete a task.

## Key Points

	Get up	
	Cereal	
	Shower	
	Car	
	Lunch	

- They may use photographs, pictures, symbols or words, depending on the person's level of understanding



- There is usually a reminder of the whole task at the top, then a list of the smaller tasks within it
- The steps should be placed in the order they need to be completed in



- Show the schedule to the person and help them complete the task. Different levels of support might be needed



- The main aim of using a visual schedule is to help to increase independence with completing tasks. It can also help to give the person experiences of success